

FEMALE UNDER 13			
EVENT	RECORD	NAME	DATE
60m	9.20	DAPHNE PAPADOPOULOS	16-Oct-99
100m	13.58	TALIA PANOZZO	04-Nov-11
110m	16.80	DAPHNE PAPADOPOULOS	23-Oct-99
200m	27.37	TALIA PANOZZO	06-Nov-11
400m	62.83	Mikeala Selaidinakos	20-Mar-11
800m	2.63.38	Amelia Mazza-Downie	31.1.09
1000m	4.29.00	SARAH CORNALL	16-Oct-99
1500m	4.47.93	Amelia Mazza-Downie	04-Feb-12
1600m	5.20.20	Amelia Mazza-Downie	16-Feb-12
3000m	10.03.48	Amelia Mazza-Downie	14-Mar-12
80M HURDLES (76.2cm)	16.23	AMBER DOMINUTTI	01-Dec-09
HURDLES 200m (76.2cm)	36.59	KIRA DAVEY	15-Nov-08
STEEPLECHASE 2000m	7.48.25	LEAH POLYCARPOU	15.11.08
RELAY 4 x 100	56.06		05-Dec-99
WALK1500m	8.10	DEBRA ARDLEY	08-Dec-84
WALK 2000m	11.39	Sophia Petropoulos	15-Jan-11
WALK3000m	18.25	AMANDA PATTERSON	27-Oct-84
HIGH JUMP	1.50	KIM McCARTER	00-Feb-85
LONG JUMP	4.92	KIRA DAVEY	15-Nov-08
TRIPLE JUMP	9.35	STACEY KEENAN	23-Feb-02
JAVELIN 400gm	25.05	KATIE CARR	01-Feb-00
JAVELIN 600gm	27.62	KATIE CARR	18-Nov-00
DISCUS 1Kg	24.26	KATIE CARR	28-Oct-00
SHOT PUT 2.724Kg	10.51	DANIELLA IUELE	09-Nov-85
SHOT PUT 3Kg	8.61	KIRA DAVEY	18.10.08
SHOT PUT 4Kg	6.10	MARSH, MEGAN	27-Oct-07
HAMMER THROW 4Kg	7.40	SIMONE WRIGHT	21-Jan-10

FEMALE UNDER 14

EVENT	RECORD	NAME	DATE
60m	9.20	DAPHNEY PAPADOPOULOS	16-Oct-99
100m	13.30	SUSANNE PIU	18-Jan-86
110M	16.80	DAPHNEY PAPADOPOULOS	23-Oct-99
200m	26.55	Mikeala Selaidinakos	24-Mar-12
400m	59.76	Mikeala Selaidinakos	25-Feb-12
800m	2.17.96	Amelia Mazza-Downie	0/0/12
1500m	4.36.74	LEIGH ROUX	25-Feb-11
1600m	5.20.20	Amelia Mazza-Downie	16-Feb-12
3000m	9.38.76	Amelia Mazza-Downie	0/0/12
HURDLES 80m	15.08	KIRA DAVEY	29-Oct-09
HURDLES 90m	16.97	KIRA DAVEY	21.2.09
HURDLES 200m (76.2)	34.44	KIRA DAVEY	10.1.09
STEEPLECHASE 2000m (76.2cm)	7.14.63	LEAH POLYCARPOU	11-Mar-10
RELAY 4x 100	1.00.5		28-Nov-99
RELAY 4x 200	2.07.69		04-Dec-99
RELAY 4x 400	4.48.96		6/2/110
WALK1500M	7.31.52	LISA WILLIAMS	26-Oct-85
WALK2000m	13.00.5	MARSH, MEGAN	22-Jan-08
WALK3000M	16.25	LISA WILLIAMS	05-Dec-85
HIGH JUMP	1.60	DEBRA DEBNAM	14-Nov-81
LONG JUMP	5.23	Safiyal Alhassan	24-Feb-12
TRIPLE JUMP	11.94	Safiya Alhassan	18-Mar-12
JAVELIN 400gm	34.57	KATIE CARR	17-Nov-01
JAVELIN 600gm	30.75	KATIE CARR	08-Nov-01
DISCUS 1Kg	26.08	JANINE HALL	80/81
SHOT PUT 2.724Kg	10.51	DANIELLA IUELE	09-Nov-85
SHOT PUT 3Kg	8.61	KIRA DAVEY	18-Oct-08
SHOT PUT 4Kg	8.03	KIRA DAVEY	20-Jan-09
HAMMER THROW 4Kg	13.74	KIRA DAVEY	24-Oct-09
HEPTATHLON	2667 points	KIRA DAVEY	22-Feb-09

FEMALE UNDER 15			
EVENT	RECORD	NAME	DATE
60m	9.20	DAPHNEY PAPADOPOULOS	16-Oct-99
100m	13.10	SUSANNE PIU	23-Mar-86
200m	26.00	Mikeala Selaidinakos	0/0/12
400m	59.76	Mikeala Selaidinakos	25-Feb-12
800m	2.14.20	LEIGH ROUX	29-Oct-11
1500m	4.33.91	LEIGH ROUX	22-Oct-11
1600m	5.20.20	Amelia Mazza-Downie	16-Feb-12
3000m	9.38.76	Amelia Mazza-Downie	0/0/12
HURDLES 90m (84cm)	15.70	GUILIANA MOLLICA	21-Oct-89
HURDLES 200m	34.44	KIRA DAVEY	10.1.09
HURDLES 300m 76cm	54.98	MADDY BLACK	03-Dec-11
HURDLES 400m	1.22.28	Natasha Grgurovic	01-Nov-08
STEEPLECHASE 2000m (76.2cm)	7.08.49	LEAH POLYCARPOU	26-Feb-11
RELAY 4 x 100	58.21		25-Oct-08
RELAY 4x 400	4.48.96		6/2/110
WALK1500M	7.31.52	LISA WILLIAMS	26-Oct-85
WALK2000m	11.53.07	Bethanie Barbour	22-Oct-11
WALK3000M	16.25	LISA WILLIAMS	05-Dec-85
HIGH JUMP	1.66	DEBRA DEBNAM	82/83
LONG JUMP	5.23	Safiya Alhassan	24-Feb-12
TRIPLE JUMP	12.03	Safiya Alhassan	0/0/12
JAVELIN 500gm	21.67	Sophia Petropoulos	0/0/12
JAVELIN 600gm	30.75	KATIE CARR	08-Nov-01
DISCUS 1Kg	32.98	ANNE IUELE	23-Mar-86
SHOT PUT 2.724Kg	11.98	ANNE IUELE	15-Mar-86
SHOT PUT 3Kg	8.61	KIRA DAVEY	18-Oct-08
SHOT PUT 4Kg	8.42	Chelsea Wright	20-Nov-10
HAMMER THROW 4Kg	23.65	Chelsea Wright	11-Dec-10
HEPTATHLON	2667 points	KIRA DAVEY	22-Feb-09

FEMALE UNDER 16			
EVENT	RECORD	NAME	DATE
60m	8.70	SARAH LAURIA	16-Oct-99
100m	12.91	Mikaela Seladinakos	18-Jan-14
110m	18.60	CASSANDRA MINOS	12-Oct-96
200m	26.00	Mikeala Selaidinakos	0/0/12
400m	57.87	Mikaela Seladinakos	30-Mar-14
800m	2.14.20	LEIGH ROUX	29-Oct-11
1000m	3.02.71	LEIGH ROUX	0/0/12
1500m	4.31.46	LEAH POLYCARPOU	22-Mar-12
1600m	5.20.20	Amelia Mazza-Downie	16-Feb-12
3000m	9.38.76	Amelia Mazza-Downie	0/0/12
HURDLES 90m 84cm	15.70	GUILIANA MOLLICA	21-Oct-89
HURDLES 200m	34.44	KIRA DAVEY	10.1.09
HURDLES 300m 76.2cm	49.60	GUILIANA MOLLICA	19-Jan-91
HURDLES 400m 76.2cm	1.22.2	SUSANNE PIU	12-Dec-87
STEEPLECHASE 2000m (76.2cm)	6.56.13	STELLA RADFORD	14-Mar-12
RELAY 4 x 100	56.54		22-Oct-11
RELAY 4x 200	2.02.23		31-Jan-09
RELAY 4x 400	4.43.29		20-Nov-10
WALK1500M	7.31.52	LISA WILLIAMS	26-Oct-85
WALK2000m	11.53.07	Bethanie Barbour	22-Oct-11
WALK3000M	16.25	LISA WILLIAMS	05-Dec-85
HIGH JUMP	1.73	DEBRA DEBNAM	05-Nov-83
LONG JUMP	5.23	Safiyal Alhassan	24-Feb-12
TRIPLE JUMP	12.03	Safiya Alhassan	0/0/12
JAVELIN 500gm	21.74	Chelsea Wright	12-Nov-11
JAVELIN 600gm	31.04	KATIE CARR	11-Nov-04
DISCUS 1Kg	32.98	ANNE IUELE	23-Mar-86
SHOT PUT 3Kg (note 4Kg record is better)	8.61	KIRA DAVEY	18-Oct-08
SHOT PUT 4Kg	9.68	SHARON CADDAYE	07-Nov-87
HAMMER THROW 4Kg	23.65	Chelsea Wright	11-Dec-10
HEPTATHLON	2667 points	KIRA DAVEY	22-Feb-09

FEMALE UNDER 17			
EVENT	RECORD	NAME	DATE
60m	8.70	SARAH LAURIA	16-Oct-99
100m	12.86	ELLIE THOM	28-Jan-10
200m	25.38	ELLIE THOM	08-Nov-09
400m	57.49	ELLIE THOM	20-Mar-09
800m	2.13.18	LEAH POLYCARPOU	0/0/12
1500m	4.31.46	LEAH POLYCARPOU	22-Mar-12
1600m	5.20.20	Amelia Mazza-Downie	16-Feb-12
3000m	9.55.30	#REF!	#REF!
HURDLES 90m 84cm	15.70	GUILIANA MOLLIKA	21-Oct-89
HURDLES 100m 84cm	17.81	GUILIANA MOLLIKA	03-Nov-90
HURDLES 300m 76.2cm	49.60	GUILIANA MOLLIKA	19-Jan-91
HURDLES 400m 76.2cm	1.13.1	LISA CHAPPELL	0/12/1986
STEEPLECHASE 2000m (76.2cm)	6.56.13	STELLA RADFORD	14-Mar-12
RELAY 4 x 100	53.83		21-Feb-09
RELAY 4x 400	4.43.29		20-Nov-10
RELAY 4x 400	4.43.29		20-Nov-10
WALK1500M	7.31.52	LISA WILLIAMS	26-Oct-85
WALK 2000M	11.53.07	Bethanie Barbour	22-Oct-11
WALK3000M	16.25	LISA WILLIAMS	05-Dec-85
HIGH JUMP	1.73	DEBRA DEBNAM	05-Nov-83
LONG JUMP	5.23	Safiya Alhassan	24-Feb-12
TRIPLE JUMP	12.03	Safiya Alhassan	0/0/12
JAVELIN 500gm	23.80	Chelsea Wright	04-Feb-12
JAVELIN 600gm	31.04	KATIE CARR	11-Nov-04
DISCUS 1Kg	32.98	ANNE IUELE	23-Mar-86
SHOT PUT 3Kg	10.01	CHELSEA WRIGHT	0/0/12
SHOT PUT 4Kg	9.83	SHARON CADDAYE	21-Nov-87
HAMMER THROW 3Kg	29.99	CHELSEA WRIGHT	0/0/12
HAMMER THROW 4Kg	27.98	CHELSEA WRIGHT	28-Jan-12

FEMALE UNDER 18			
EVENT	RECORD	NAME	DATE
60m	8.70	SARAH LAURIA	16-Oct-99
100m	12.30	MELISSA PARKS	0/0/1994
200m	25.38	ELLIE THOM	08-Nov-09
400m	57.01	ELLIE THOM	27-Feb-10
800m	2.13.18	LEAH POLYCARPOU	0/0/12
1500m	4.31.46	LEAH POLYCARPOU	22-Mar-12
1600m	5.20.20	Amelia Mazza-Downie	16-Feb-12
3000m	9.38.76	Amelia Mazza-Downie	0/0/12
5000m	17.00.61	STELLA RADFORD	0/0/12
HURDLES 90m 84cm	15.60	GUILIANA MOLLIKA	20-Oct-90
HURDLES 100m 84cm	17.81	GUILIANA MOLLIKA	03-Nov-90
HURDLES 300m 76.2cm	49.60	GUILIANA MOLLIKA	23-Jan-91
HURDLES 400m 76.2cm	1.13.1	LISA CHAPPELL	0/12/1986
STEEPLECHASE 2000m (76.2cm)	6.56.13	STELLA RADFORD	14-Mar-12
STEEPLECHASE 3000m (cm)	10.29.58	STELLA RADFORD	0/0/2012
RELAY 4 x 100	53.83		21-Feb-09
RELAY 4x 400	4.43.29		20-Nov-10
WALK1500M	7.31.52	LISA WILLIAMS	26-Oct-85
WALK 2000M	11.53.07	Bethanie Barbour	22-Oct-11
WALK3000M	16.25	LISA WILLIAMS	05-Dec-85
HIGH JUMP	1.73	DEBRA DEBNAM	05-Nov-83
LONG JUMP	5.94	MELISSA PARKS	17-Nov-94
TRIPLE JUMP	12.03	Safiya Alhassan	0/0/12
JAVELIN 600gm	31.04	KATIE CARR	11-Nov-04
DISCUS 1Kg	32.98	ANNE IUELE	23-Mar-86
SHOT PUT 3Kg	10.01	CHELSEA WRIGHT	0/0/12
SHOT PUT 4Kg	10.77	EMMA TORNEY	27-Oct-92
HAMMER THROW 3Kg	29.99	CHELSEA WRIGHT	0/0/12
HAMMER THROW 4Kg	27.98	CHELSEA WRIGHT	28-Jan-12

FEMALE UNDER 19

EVENT	RECORD	NAME	DATE
60m	8.90	RENEE DUNN	11-Oct-97
100m	12.30	Melissa PARKS	0/0/1994
200m	25.38	ELLIE THOM	08-Nov-09
300m	52.00	NICOLE BRENISTAS	19-Oct-96
400m	57.01	ELLIE THOM	27-Feb-10
800m	2.13.18	LEAH POLYCARPOU	0/0/12
1500m	4.31.46	LEAH POLYCARPOU	22-Mar-12
1600m	5.20.20	Amelia Mazza-Downie	16-Feb-12
5000m	17.00.61	STELLA RADFORD	0/0/12
3000m	9.38.76	Amelia Mazza-Downie	0/0/12
HURDLES 90m 84cm	15.60	GUILIANA MOLLICA	20-Oct-90
HURDLES 100m 84cm	17.81	GUILIANA MOLLICA	03-Nov-90
HURDLES 300m 76.2cm	49.60	GUILIANA MOLLICA	23-Jan-91
HURDLES 400m 76.2cm	1.13.1	LISA CHAPPELL	0/12/1986
RELAY 4 x 100	53.83		21-Feb-09
RELAY 4x 400	4.43.29		20-Nov-10
RELAY 4x 400	4.43.29		20-Nov-10
STEEPLECHASE 2000m (76.2cm)	6.56.13	STELLA RADFORD	14-Mar-12
STEEPLECHASE 3000m	10:26.72s	Stella Radford	15-Mar-14
WALK1500M	7.31.52	LISA WILLIAMS	26-Oct-85
WALK 2000M	11.46.1	KAREN WORKMAN	08-Dec-90
WALK3000M	16.25	LISA WILLIAMS	05-Dec-85
HIGH JUMP	1.73	DEBRA DEBNAM	05-Nov-83
LONG JUMP	5.94	Melissa PARKS	0/0/94
TRIPLE JUMP	12.03	Safiya Alhassan	0/0/12
JAVELIN 600gm	31.04	KATIE CARR	11-Nov-04
DISCUS 1Kg	32.98	ANNE IUELE	23-Mar-86
SHOT PUT 4Kg	10.77	EMMA TORNEY	27-Oct-92
HAMMER THROW 4Kg	30.74	EMMA TORNEY	26-Jan-93

FEMALE UNDER 20			
EVENT	RECORD	NAME	DATE
60m	8.90	RENEE DUNN	11-Oct-97
100m	12.30	Melissa PARKS	0/0/1994
200m	3844.00	ELLIE THOM	08-Nov-09
300m	52.00	NICOLE BRENISTAS	19-Oct-96
400m	57.01	ELLIE THOM	27-Feb-10
800m	2.13.18	LEAH POLYCARPOU	0/0/12
1500m	4.31.46	LEAH POLYCARPOU	22-Mar-12
1600m	5.20.20	Amelia Mazza-Downie	16-Feb-12
3000m	9.38.76	Amelia Mazza-Downie	0/0/12
5000m	17.00.61	STELLA RADFORD	0/0/12
HURDLES 90m 84cm	15.60	GUILIANA MOLLICA	20-Oct-90
HURDLES 100m 84cm	17.81	GUILIANA MOLLICA	03-Nov-90
HURDLES 300m 76.2cm	49.60	GUILIANA MOLLICA	23-Jan-91
HURDLES 400m 76.2cm	1.13.1	LISA CHAPPELL	0/12/1986
RELAY 4 x 100	53.83		21-Feb-09
RELAY 4 x 200	1.51.75		22-Feb-09
RELAY 4x 400	4.43.29		20-Nov-10
STEEPLECHASE 2000m (76.2cm)	6.56.13	STELLA RADFORD	14-Mar-12
STEEPLECHASE 3000m	10:26.72s	Stella Radford	15-Mar-14
WALK1500M	7.31.52	LISA WILLIAMS	26-Oct-85
WALK 2000M	11.46.1	KAREN WORKMAN	08-Dec-90
WALK3000M	16.25	LISA WILLIAMS	05-Dec-85
HIGH JUMP	1.73	DEBRA DEBNAM	05-Nov-83
LONG JUMP	5.94	Melissa PARKS	0/0/94
TRIPLE JUMP	12.03	Safiya Alhassan	0/0/12
JAVELIN 600gm	31.04	KATIE CARR	11-Nov-04
DISCUS 1Kg	39.76	S. BORG	19-Nov-88
SHOT PUT 4Kg	11.59	S. BORG	19-Nov-88
HAMMER THROW 4Kg	30.74	EMMA TORNEY	26-Jan-93

FEMALE OPEN			
EVENT	RECORD	NAME	DATE
60m	7.97	MARGARET PERROTT	23-Jun-91
100m	12.10	KIMBERLY PARKES	19-Mar-99
110m	0.00		00-Jan-00
200m	25.10	KIMBERLY PARKES	30-Jan-99
300m	49.91	Toni Phillips	02-Oct-14
400m	57.01	ELLIE THOM	27-Feb-10
800m	2.13.18	LEAH POLYCARPOU	0/0/12
1000m	2.51.73	LEAH POLYCARPOU	0/0/12
1500m	4.31.46	LEAH POLYCARPOU	22-Mar-12
1600m	5.20.20	Amelia Mazza-Downie	16-Feb-12
3000m	9.38.76	Amelia Mazza-Downie	0/0/12
5000m	17.00.61	STELLA RADFORD	0/0/12
10000m	39.19	STACEY VAN DUEREN	06-Dec-04
HURDLES 90m 84cm	15.60	GUILIANA MOLLIKA	20-Oct-90
HURDLES 100m 84cm	17.81	GUILIANA MOLLIKA	03-Nov-90
HURDLES 300m 76.2cm	49.60	GUILIANA MOLLIKA	23-Jan-91
HURDLES 400m 76.2cm	1.13.1	LISA CHAPPELL	0/12/1986
RELAY 4 x 100	50.20		30-Jan-99
RELAY 4 x 200	1.51.75		22-Feb-09
RELAY 4x 400	4.43.29		20-Nov-10
RELAY 4 x 1500	25.49.53		11-Dec-04
STEEPLECHASE 2000m (76.2cm)	6.56.13	STELLA RADFORD	14-Mar-12
STEEPLECHASE 3000m	10:26.72s	Stella Radford	15-Mar-14
WALK1500M	7.31.52	LISA WILLIAMS	26-Oct-85
WALK 2000M	10.27	K. PEARCE	11-Dec-92
WALK3000M	16.18	K. PEARCE	14-Dec-92
HIGH JUMP	1.73	DEBRA DEBNAM	05-Nov-83
LONG JUMP	5.94	Melissa PARKS	0/0/94
TRIPLE JUMP	12.03	Safiya Alhassan	0/0/12
POLE VAULT	1.70.	MARGARET PERROTT	29-Nov-92
JAVELIN 600gm	31.92	KATIE CARR	12-Dec-02
DISCUS 1Kg	39.76	S. BORG	19-Nov-88
SHOT PUT 4Kg	11.59	S. BORG	19-Nov-88
HAMMER THROW 4Kg	38.90	EMMA TORNEY	0/0/1994
HALF MARATHON	1.16.11	EMMA JACKOWSKI	12-Sep-99
MARATHON	2.58.25	STACY VAN DUEREN	08-Oct-06

FEMALE 30-34			
EVENT	RECORD	NAME	DATE
60m	7.97	MARGARET PERROTT	23-Jun-91
100m	12.20	MARGARET PERROTT	04-Apr-92
150m	19.23	MARGARET PERROTT	23-Jun-91
200m	26.00	MARGARET PERROT	20-Mar-94
400m	66.24	JOANNE FRANCKEN	07-Mar-08
800m	2.34.95	JOANNE FRANCKEN	08-Mar-08
1500m	5:10.7s	Carmel Taylor	14-Dec-13
1600	5.42.80	STACY VAN DUEREN	16-Feb-12
3000m	10.37.87	SHAREE WAKIM	29-Jul-00
5000m	18.16.08	STACEY VAN DUEREN	23-Feb-07
10000m	39.19	Stacey Van Dueren	06-Dec-04
HIGH JUMP	1.26	Kelly Spiteri	16-Nov-13
LONG JUMP	4.97.	MARGARET PERROTT	29-Nov-92
TRIPLE JUMP	8.27	Joanne Francken	06-Jan-07
POLE VAULT	1.70.	MARGARET PERROTT	29-Nov-92
JAVELIN 600gm	31.10	SUE THOMSON-NASH	96/97
DISCUS 1Kg	17.34	Kelly Spiteri	18 Nov 2013
SHOT PUT 4Kg	8.68m	Danielle Senyschyn	11-Jan-14
HAMMER THROW 4Kg	24.85m	Danielle Senyschyn	11-Jan-14
HALF MARATHON	1.19.45	SHAREE WAKIM	12-Sep-99
MARATHON	2.58.25	STACY VAN DUEREN	08-Oct-06

FEMALE 35-39			
EVENT	RECORD	NAME	DATE
100m	12.70	MARGARET PERROT	20-Mar-94
200m	26.00	MARGARET PERROT	20-Mar-94
400m	66.24	JOANNE FRANCKEN	07-Mar-08
800m	2.34.95	JOANNE FRANCKEN	08-Mar-08
1000m	3.53.20	LYNLEY THOMPSON	04-Jun-89
1500m	5:10.7s	Carmel Taylor	14-Dec-13
1600	5.42.80	STACY VAN DUEREN	16-Feb-12
3000m	10.55.61	STACEY VAN DUEREN	09-Feb-07
5000m	10.51.50	STACY VAN DUEREN	20-Dec-11
10000m	39.19	Stacey Van Dueren	06-Dec-04
HIGH JUMP	1.26	Kelly Spiteri	16-Nov-13
LONG JUMP	3.58	FIONA ELY	21-Jan-11
TRIPLE JUMP	5.42	JENNIFER BLAIR	11-Feb-12
JAVELIN 600gm	31.18	SUE THOMSON-NASH	27-Jan-98
DISCUS 1Kg	17.34	Kelly Spiteri	17 Nov 2013
SHOT PUT 4Kg	8.68m	Danielle Senyschyn	11-Jan-14
HAMMER THROW 4Kg	24.85m	Danielle Senyschyn	11-Jan-14
HALF MARATHON	1.21.43	STACY VAN DUEREN	03-Sep-06
MARATHON	2.58.25	STACY VAN DUEREN	08-Oct-06

FEMALE 40-44

EVENT	RECORD	NAME	DATE
100m	14.90	Kelly Spiteri	16-Nov-13
200m	31.80	MARGARET BURROUGHS	0/0/1987
400m	77.36	Stacey Van Dueren	17-Feb-07
800m	2.41.37	STACY VAN DUEREN	17-Dec-11
1000m	3.50	MARGARET BURROUGHS	05-Jun-88
1500m	5:10.7s	Carmel Taylor	14-Dec-13
1600	5.42.80	STACY VAN DUEREN	16-Feb-12
3000m	10.51.50	STACY VAN DUEREN	20-Dec-11
5000m	18.16.08	STACEY VAN DUEREN	23-Feb-07
10000m	39.19	Stacey Van Dueren	06-Dec-04
HIGH JUMP	1.26	Kelly Spiteri	16-Nov-13
LONG JUMP	3.58	FIONA ELY	21-Jan-11
WALK3000M	0.02	Kelly Spiteri	22-Feb-14
TRIPLE JUMP	7.13	Kelly Spiteri	22-Feb-14
JAVELIN 600gm	20.48	Kelly Spiteri	16-Nov-13
DISCUS 1Kg	17.34	Kelly Spiteri	16 Nov 2013
SHOT PUT 4Kg	8.68m	Danielle Senyschyn	11-Jan-14
HAMMER THROW 4Kg	24.85m	Danielle Senyschyn	11-Jan-14
HALF MARATHON	1.21.43	STACY VAN DUEREN	03-Sep-06
MARATHON	2.58.25	STACY VAN DUEREN	08-Oct-06

FEMALE 45-49

EVENT	RECORD	NAME	DATE
60m	9.11	BEV CAR	04-Jun-89
100m	16.10	BEV CAR	01-Apr-90
150m	22.67	BEV CAR	04-Jun-89
200m	32.90	BEV CAR	01-Apr-90
400m	77.36	Stacey Van Dueren	17-Feb-07
800m	2.41.37	STACY VAN DUEREN	17-Dec-11
1000m	3.42.4	MARGARET BURROUGHS	04-Jun-89
1500m	5.12.52	STACY VAN DUEREN	17-Jan-12
1600	5.42.80	STACY VAN DUEREN	16-Feb-12
2000m	7.38.77	STACEY VAN DUEREN	17-Feb-07
3000m	10.51.50	STACY VAN DUEREN	20-Dec-11
5000m	18.16.08	STACEY VAN DUEREN	23-Feb-07
10000m	39.19	Stacey Van Dueren	06-Dec-04
LONG JUMP	3.30	Louise Davey	0/0/12
JAVELIN 600gm	10.23	STACEY VAN DUEREN	17-Feb-07
DISCUS 1Kg	14.00	Louise Davey	0/0/12
SHOT PUT 4Kg	5.43	Louise Davey	0/0/12
HALF MARATHON	1.21.43	STACY VAN DUEREN	03-Sep-06
MARATHON	2.58.25	STACY VAN DUEREN	08-Oct-06

FEMALE 50-54

EVENT	RECORD	NAME	DATE
150m	24.28	BEV CAR	21-Jun-92
200m	33.62	BEV CAR	14-Oct-95
400m	83.69	BARBARA DALGLEISH	30-Sep-99
800m	2.41.37	STACY VAN DUEREN	17-Dec-11
1000m	3.53	BARBARA DALGLIESH	05-Jun-88
1500m	5.12.52	STACY VAN DUEREN	17-Jan-12
1600	5.42.80	STACY VAN DUEREN	16-Feb-12
3000m	10.51.50	STACY VAN DUEREN	20-Dec-11
5000M	18.18.37	STACY VAN DUEREN	23-Feb-12
10000m	39.36.41	Stacey Van Dueren	09-Apr-12
DISCUS 1Kg	11.79	ROWENA BARKER	26-Mar-95
HALF MARATHON	1.22.58	STACY VAN DUEREN	12-Oct-08
MARATHON	3.27.46	BARBARA DALGLIESH	0/0/1993
1 Hour	15142 Km	STACY VAN DUEREN	27-Sep-10

FEMALE 55-59

EVENT	RECORD	NAME	DATE
400m	83.69	BARBARA DALGLEISH	30-Sep-99
800m	2.43.20	STACEY VAN DUEREN	0/0/2012
1000m	3.53.91	BARBARA DALGLIESH	21-Jun-92
1500m	5.15.58	STACEY VAN DUEREN	0/0/2012
3000m	10.54.60	STACEY VAN DUEREN	0/0/2012
5000M	18.42.20	STACEY VAN DUEREN	0/0/2012
10000m	45.17.5	BARBARA DALGLIESH	05-Apr-92
DISCUS 1Kg	11.79	ROWENA BARKER	26-Mar-95
HALF MARATHON	1.41.58	BARBARA DALGLEISH	09-Aug-98
MARATHON	3.27.46	BARBARA DALGLIESH	0/0/1993

FEMALE 60-64

EVENT	RECORD	NAME	DATE
400m	83.69	BARBARA DALGLEISH	30-Sep-99
800m	3.10.6	BARBARA DALGLEISH	27-Sep-99
1500m	6.14.6	BARBARA DALGLEISH	20-21/3/1999
3000m	15.06.55	DIANE BRIMACOMBE	15-Oct-05
5000m	22.30	BARBARA DALGLEISH	29-Sep-99
10000m	47.25	BARBARA DALGLEISH	28-Mar-98
JAVELIN 600gm	7.91	Diane Brimacombe	17-Feb-07
DISCUS 1Kg	11.79	ROWENA BARKER	26-Mar-95
HALF MARATHON	1.41.58	BARBARA DALGLEISH	09-Aug-98
MARATHON	3.38.01	BARBARA DALGLEISH	20-Oct-96