



AV XCR 2022 Rnd 1 - Jells Park Relays 7th May

Division	Name	Time	Distance (km)	Pace (min/km)
M3	Luong Dao	28:07	6	4:41
	Jett Fenton	25:30	6	4:15
	Ben Pearmain	24:21	6	4:04
	Tony Cauchi	24:22	6	4:04
	Eric Pritchard	23:39	6	3:57
	Team Total	2:05:59	30	4:12
M5	Sam Tabit	26:56	6	4:29
	Michael Meaney	31:32	6	5:15
	Chris Beaty	27:08	6	4:31
	Tim Holloway	27:49	6	4:38
	Team Total	1:53:25	24	4:44
M7	Daniel Toyer	30:59	6	5:10
	David Fenton	30:04	6	5:01
	Paul Doughty	25:46	6	4:18
	Madeleine Doughty	31:03	6	5:11
	Team Total	1:57:52	24	4:55
M-60+	Charles Clark	33:27	6	5:35
	Brian Delaney	36:05	6	6:01
	Ken Carter	82:45	6	13:47
	Team Total	2:32:17	18	8:28
W3	Liv Shanahan	25:02	6	4:10
	Stef Modesti	28:22	6	4:44
	Felicity Valetini	25:53	6	4:19
	Laura Perez	25:32	6	4:15
	Team Total	1:44:49	24	4:22
W5	Sarah Restuccia	32:31	6	5:25
	Zoe Asher	32:29	6	5:25
	Daniella Modesti	27:27	6	4:35
	Team Total	92:27	18	5:08

Club Helper Duties - Mark Burns