



AV XCR Rnd 3 Cruden Farm 18th June 2022

Name	Category	Time	Distance (km)	Pace (min/km)
Liv Shanahan	Women Open	52:15	12	4:21
Laura Perez	Women Open	54:26	12	4:32
Sarah Restuccia	Women Open	73:30	12	6:08
Zoe Asher	Women Open	75:35	12	6:18
Jett Fenton	Men U18	34:09	8	4:16
Eric Pritchard	Men Open	49:34	12	4:08
Tony Cauchi	Men Open	52:31	12	4:23
Nathan Sargent	Men Open	53:53	12	4:29
Chris Beaty	Men Open	55:44	12	4:39
Paul Roberts	Men Open	56:49	12	4:44
James Wright	Men Open	57:22	12	4:47
Eduard Ingles	Men Open	60:05	12	5:00
Luong Dao	Men Open	61:59	12	5:10
Charles Clark	Men Open	66:51	12	5:34
David Fenton	Men Open	67:33	12	5:38
Michael Meaney	Men Open	67:53	12	5:39
Brian Delaney	Men 60	49:00	8	6:07
Ken Carter	Men 60	112:30	8	14:04