


300 Metres to 1K

Coburg Harriers Club Records - 300 Metres to 1Km

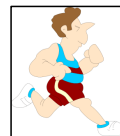
| EVENT                      | AGE      | PERFORMANCE      | NAME   | DATE      | LOCATION                                   | Electronic Equivalent= |
|----------------------------|----------|------------------|--|-----------|--|------------------------|
| <b>LADIES PERFORMANCES</b> |          |                  |  |           |  |                        |
| <b>Womens 300 @</b>        |          | <b>26-Jan-21</b> |  |           |  | <b>0.014</b>           |
| 300m                       | UNDER 18 | 0.00             | 0  | 00-Jan-00 | 0  |                        |
| 300m                       | UNDER 19 | 52.00            | NICOLE BRENISTAS   | 19-Oct-96 | Plate Comp Aberfeldie                      |                        |
| 300m                       | UNDER 20 | 52.00            | NICOLE BRENISTAS   | 19-Oct-96 | Plate Comp Aberfeldie                      |                        |
| 300m                       | OPEN     | 49.91            | Toni Phillips  | 02-Oct-14 | Coburg                                     |                        |
| 300m                       | 30-34    | 49.91            | Toni Phillips  | 02-Oct-14 | Coburg                                     |                        |
| 300m                       | 35-39    | 49.91            | Toni Phillips  | 02-Oct-14 | Coburg                                     |                        |
| 300m                       | 40-44    | 49.91            | Toni Phillips  | 02-Oct-14 | Coburg                                     |                        |
| <b>Womens 400 @</b>        |          | <b>26-Jan-21</b> |  |           |  |                        |
| 400m                       | UNDER 13 | 62.83            | Mikeala Selaidinakos   | 20-Mar-11 | Olympic Park Laths Champs                  | 62.844                 |
| 400m                       | UNDER 14 | 59.76            | Mikeala Selaidinakos   | 25-Feb-12 | Albert Park                                | 59.774                 |
| 400m                       | UNDER 15 | 59.76            | Mikeala Selaidinakos   | 25-Feb-12 | Albert Park                                | 59.774                 |
| 400m                       | UNDER 16 | 57.87            | Mikaela Selaidinakos   | 30-Mar-14 | Lakeside                                   | 57.884                 |
| 400m                       | UNDER 17 | 57.49            | ELLIE THOM   | 20-Mar-09 | Brisbane U18 Youth Match                   | 57.504                 |
| 400m                       | UNDER 18 | 57.01            | ELLIE THOM   | 27-Feb-10 | Olympic Park Vic Junior T & F Championship | 57.024                 |
| 400m                       | UNDER 19 | 57.01            | ELLIE THOM   | 27-Feb-10 | Olympic Park Vic Junior T & F Championship | 57.024                 |
| 400m                       | UNDER 20 | 57.01            | ELLIE THOM   | 27-Feb-10 | Olympic Park Vic Junior T & F Championship | 57.024                 |
| 400m                       | OPEN     | 57.01            | ELLIE THOM   | 27-Feb-10 | Olympic Park Vic Junior T & F Championship | 57.024                 |
| 400m                       | 30-34    | 66.24            | JOANNE FRANCKEN  | 07-Mar-08 | O.A.Championships Olympic Park             | 66.254                 |
| 400m                       | 35-39    | 66.24            | JOANNE FRANCKEN  | 07-Mar-08 | O.A.Championships Olympic Park             | 66.254                 |
| 400m                       | 40-44    | 77.36            | Stacey Van Dueren  | 17-Feb-07 | AV Shield Williamstown                     | 77.374                 |
| 400m                       | 45-49    | 77.36            | Stacey Van Dueren  | 17-Feb-07 | AV Shield Williamstown                     | 77.374                 |
| 400m                       | 50-54    | 83.69            | BARBARA DALGLEISH  | 30-Sep-99 | 7th Australian Masters Games - Adelaide    | 83.704                 |
| 400m                       | 55-59    | 83.69            | BARBARA DALGLEISH  | 30-Sep-99 | 7th Australian Masters Games - Adelaide    | 83.704                 |
| 400m                       | 60-64    | 83.69            | BARBARA DALGLEISH  | 30-Sep-99 | 7th Australian Masters Games - Adelaide    | 83.704                 |

300 Mtres to 1K

|                      |          |                  |                     |           |   |
|----------------------|----------|------------------|---------------------|-----------|---|
| <b>Womens 800 @</b>  |          |                  |                     |           |   |
| 800m                 |          | <b>26-Jan-21</b> |                     |           |   |
| 800m                 | UNDER 13 | 2.63.38          | Amelia Mazza-Downie | 31.1.09   | ABERFELDIE                              |
| 800m                 | UNDER 14 | 2.17.96          | Amelia Mazza-Downie | 0/0/12    | LAKESIDE                                |
| 800m                 | UNDER 15 | 2.14.20          | LEIGH ROUX          | 29-Oct-11 | Williamstown                            |
| 800m                 | UNDER 16 | 2.14.20          | LEIGH ROUX          | 29-Oct-11 | Williamstown                            |
| 800m                 | UNDER 17 | 2.13.18          | LEAH POLYCARPOU     | 0/0/12    | LAKESIDE                                |
| 800m                 | UNDER 18 | 2.13.18          | LEAH POLYCARPOU     | 0/0/12    | LAKESIDE                                |
| 800m                 | UNDER 19 | 2.13.18          | LEAH POLYCARPOU     | 0/0/12    | LAKESIDE                                |
| 800m                 | UNDER 20 | 2.13.18          | LEAH POLYCARPOU     | 0/0/12    | LAKESIDE                                |
| 800m                 | OPEN     | 2.13.18          | LEAH POLYCARPOU     | 0/0/12    | LAKESIDE                                |
| 800m                 | 30-34    | 2.34.95          | JOANNE FRANCKEN     | 08-Mar-08 | O.A.Championships Olympic Park          |
| 800m                 | 35-39    | 2.34.95          | JOANNE FRANCKEN     | 08-Mar-08 | O.A.Championships Olympic Park          |
| 800m                 | 40-44    | 2.41.37          | STACY VAN DUEREN    | 17-Dec-11 | Williamstown                            |
| 800m                 | 45-49    | 2.41.37          | STACY VAN DUEREN    | 17-Dec-11 | Williamstown                            |
| 800m                 | 50-54    | 2.41.37          | STACY VAN DUEREN    | 17-Dec-11 | Williamstown                            |
| 800m                 | 55-59    | 2.43.20          | STACEY VAN DUEREN   | 0/0/2012  | ABERFELDIE                              |
| 800m                 | 60-64    | 3.10.6           | BARBARA DALGLEISH   | 27-Sep-99 | 7th Australian Masters Games - Adelaide |
| <b>Womens 1000 @</b> |          |                  |                     |           |   |
| 1000m                |          | <b>26-Jan-21</b> |                     |           |   |
| 1000m                | UNDER 13 | 4.29.00          | SARAH CORNALL       | 16-Oct-99 | ABERFELDIE                              |
| 1000m                | UNDER 14 | 4.29.00          | SARAH CORNALL       | 16-Oct-99 | ABERFELDIE                              |
| 1000m                | UNDER 15 | 4.29.00          | SARAH CORNALL       | 16-Oct-99 | ABERFELDIE                              |
| 1000m                | UNDER 16 | 3.02.71          | LEIGH ROUX          | 0/0/12    | LAKESIDE                                |
| 1000m                | UNDER 17 | 2.51.73          | LEAH POLYCARPOU     | 0/0/12    | LAKESIDE                                |
| 1000m                | UNDER 18 | 2.51.73          | LEAH POLYCARPOU     | 0/0/12    | LAKESIDE                                |
| 1000m                | UNDER 19 | 2.51.73          | LEAH POLYCARPOU     | 0/0/12    | LAKESIDE                                |
| 1000m                | UNDER 20 | 2.51.73          | LEAH POLYCARPOU     | 0/0/12    | LAKESIDE                                |
| 1000m                | OPEN     | 2.51.73          | LEAH POLYCARPOU     | 0/0/12    | LAKESIDE                                |

300 Mtres to 1K

**MENS PERFORMANCES**



**MENS PERFORMANCES**

**Mens 300 @**

26-Jan-21

|      |          |       |             |           |                        |        |
|------|----------|-------|-------------|-----------|------------------------|--------|
| 300m | UNDER17  | 41.40 | BEN WEBER   | 25-Oct-97 | Plate round Box Hill   | 41.414 |
| 300m | UNDER 18 | 41.40 | SIMON CRAIG | 11-Oct-97 | Plate Round Aberfeldie | 41.414 |
| 300m | UNDER 19 | 41.40 | SIMON CRAIG | 11-Oct-97 | Plate Round Aberfeldie | 41.414 |
| 300m | UNDER 20 | 41.40 | SIMON CRAIG | 11-Oct-97 | Plate Round Aberfeldie | 41.414 |
| 300m | OPEN     | 35.90 | PAUL DYETT  | 0/1/1984  | 0                      | 35.914 |

**Mens 400 @**

26-Jan-21

|      |          |       |                |           |                               |        |
|------|----------|-------|----------------|-----------|-------------------------------|--------|
| 400m | UNDER 13 | 63.10 | ANTHONY WOOD   | 0/0/1978  | 0                             | 63.114 |
| 400m | UNDER 14 | 56.60 | ANTHONY WOOD   | 0/0/1980  | 0                             | 56.614 |
| 400m | UNDER 15 | 53.21 | Patrick Martin | 30-Mar-14 | Lakeside                      | 53.224 |
| 400m | UNDER 16 | 53.21 | Patrick Martin | 30-Mar-14 | Lakeside                      | 53.224 |
| 400m | UNDER 17 | 49.90 | JOHN FLEMING   | 0/0/1976  | 0                             | 49.914 |
| 400m | UNDER 18 | 49.90 | JOHN FLEMING   | 0/0/1976  | 0                             | 49.914 |
| 400m | UNDER 19 | 47.80 | JOHN FLEMING   | 0/0/1978  | 0                             | 47.814 |
| 400m | UNDER 20 | 47.80 | JOHN FLEMING   | 0/0/1978  | 0                             | 47.814 |
| 400m | OPEN     | 47.10 | NOEL CLOUGH    | 26-Mar-66 | 0                             | 47.114 |
| 400m | 35 - 39  | 49.50 | NOEL CLOUGH    | 0/8/1977  | World Vets SWEDEN             | 49.514 |
| 400m | 40 - 44  | 49.50 | NOEL CLOUGH    | 0/8/1977  | World Vets SWEDEN             | 49.514 |
| 400m | 45 - 49  | 60.41 | Charles Clark  | 21-Mar-10 | Glenhuntly Vic Masters Champs | 60.424 |
| 400m | 50 - 54  | 62.00 | KEN FRASER     | 09-Nov-85 | Aberfeldie                    | 62.014 |
| 400M | 55 - 59  | 64.45 | KEN SOUYAVE    | 26-Nov-05 | ABERFELDIE - AV Shield        | 64.464 |
| 400m | 60 - 64  | 64.82 | JOSEPH BROWN   | 27-Feb-09 | Vic Masters Box Hill          | 64.834 |
| 400m | 65 - 69  | 88.43 | GEORGE GOODE   | 08-Oct-98 | Vets WR Games Abfld           | 88.444 |
| 400m | 70 - 74  | 88.43 | GEORGE GOODE   | 08-Oct-98 | Vets WR Games Abfld           | 88.444 |

**Mens 600 @**

26-Jan-21

|      |          |         |              |           |                            |  |
|------|----------|---------|--------------|-----------|----------------------------|--|
| 600m | UNDER 14 | 1.48.05 | BEN WEBER    | 29-Oct-94 | ABERFELDIE                 |  |
| 600m | UNDER 15 | 1.48.05 | BEN WEBER    | 29-Oct-94 | ABERFELDIE                 |  |
| 600m | UNDER 16 | 1.41    | BEN WEBER    | 26-Oct-96 | ABERFELDIE                 |  |
| 600m | UNDER 17 | 1.31.2  | BEN WEBER    | 30-Oct-97 | Plate final                |  |
| 600m | UNDER 18 | 1.31.2  | BEN WEBER    | 30-Oct-97 | ABERFELDIE                 |  |
| 600m | UNDER 19 | 1.31.2  | BEN WEBER    | 30-Oct-97 | Plate final                |  |
| 600m | UNDER 20 | 1.31.2  | BEN WEBER    | 30-Oct-97 | Plate final                |  |
| 600m | OPEN     | 1.30.6  | ANTHONY CAR  | 30-Oct-97 | Plate final                |  |
| 600m | 35 - 39  | 1.34.8  | NOEL CLOUGH  | 04-Jun-89 | Vic Vets Wint Chmps Coburg |  |
| 600m | 40 - 44  | 1.34.8  | NOEL CLOUGH  | 04-Jun-89 | Vic Vets Wint Chmps Coburg |  |
| 600m | 45 - 49  | 1.34.8  | NOEL CLOUGH  | 04-Jun-89 | Vic Vets Wint Chmps Coburg |  |
| 600m | 50 - 54  | 1.34.8  | NOEL CLOUGH  | 04-Jun-89 | Vic Vets Wint Chmps Coburg |  |
| 600m | 55 - 60  | 2.18.9  | GEORGE GOODE | 21-Jun-92 | Aberfeldie                 |  |
| 600m | 60 - 64  | 2.18.9  | GEORGE GOODE | 21-Jun-92 | Aberfeldie                 |  |
| 600m | 65 - 69  | 2.24    | GEORGE GOODE | 20-Jun-93 | Vets Winter Titles Coburg  |  |

300 Mtres to 1K

**Mens 800 @**

**26-Jan-21**

|      |          |          |                 |           |                        |
|------|----------|----------|-----------------|-----------|------------------------|
| 800m | UNDER 13 | 2.18.0   | A. GRBAC        | 81/82     | 0                      |
| 800m | UNDER 14 | 2.09.30  | Michael Turner  | 18-Jan-07 | Victorian Milers Club  |
| 800m | UNDER 15 | 2.02.7   | ALAN W CROCKETT | 15-Mar-72 | Olympic Park           |
| 800m | UNDER 16 | 2.00.9   | CRAIG SEXTON    | 01-Nov-80 | 0                      |
| 800m | UNDER 17 | 1.54.5   | JOHN FLEMING    | 0/0/1976  | 0                      |
| 800m | UNDER 18 | 1.51.05  | Luke Mathews    | 0/0/12    | Lakeside               |
| 800m | UNDER 19 | 1.48.83  | Luke Mathews    | 00-Jan-00 | Lakeside               |
| 800m | UNDER 20 | 1.48.83  | Luke Mathews    | 0/0/13    | Lakeside               |
| 800m | OPEN     | 1.46.2   | NOEL CLOUGH     | 08-Aug-66 | JAMAICA                |
| 800m | 35 - 39  | 1.54.8   | NOEL CLOUGH     | 24-Jun-90 | World Vets SWEDEN      |
| 800m | 40 - 44  | 1.54.8   | NOEL CLOUGH     | 0/8/1977  | World Vets SWEDEN      |
| 800m | 45 - 49  | 2.05.8   | KEN FRASER      | 03-Apr-83 | Olympic Pk. Aus Vets   |
| 800m | 50 - 54  | 2.14.23  | KEN FRASER      | 23-Mar-86 | Vic Vets Murrumbeena   |
| 800m | 55- 59   | 02.22.81 | KEN SOUYAVE     | 05-Nov-05 | ABERFELDIE - AV Shield |
| 800m | 60 - 64  | 2.51.87  | LEN HALLETT     | 28-Nov-09 | Williamstown           |
| 800m | 65 - 69  | 3.14.00  | GEORGE GOODE    | 20-Mar-93 | Vets Vic Titles Abflid |
| 800m | 70 - 74  | 3.23.12  | GEORGE GOODE    | 00/3/98   | Oceana Vets Games NZ   |
| 800M | 75 - 79  | 4.11.14  | NEVILLE WILSON  | 03-Apr-11 | Doncaster Vic Masters  |
| 800M | 80-84    | 4.11.14  | NEVILLE WILSON  | 03-Apr-11 | Doncaster Vic Masters  |

**Mens 1000 @**

**26-Jan-21**

|       |          |         |                 |           |                               |
|-------|----------|---------|-----------------|-----------|-------------------------------|
| 1000m | UNDER 14 | 3.12.80 | CONNER KOSMIDIS | 20-Dec-11 | Plate Comp Aberfeldie         |
| 1000m | UNDER 15 | 3.12.80 | CONNER KOSMIDIS | 20-Dec-11 | Plate Comp Aberfeldie         |
| 1000m | UNDER 16 | 3.02.76 | BEN WEBER       | 19-Oct-96 | Plate Comp Aberfeldie         |
| 1000m | UNDER17  | 2.55.8  | BEN WEBER       | 25-Oct-97 | Plate Comp Aberfeldie         |
| 1000m | UNDER18  | 2.55.8  | BEN WEBER       | 25-Oct-97 | Plate round Box Hill          |
| 1000m | UNDER19  | 2.55.8  | BEN WEBER       | 25-Oct-97 | Plate round Box Hill          |
| 1000m | UNDER20  | 2.55.8  | BEN WEBER       | 25-Oct-97 | Plate round Box Hill          |
| 1000m | OPEN     | 2.34.2  | NOEL CLOUGH     | 02-Jul-97 | Vic Vets Collingwood          |
| 1000m | 35 - 39  | 2.34.2  | NOEL CLOUGH     | 02-Jul-97 | Vic Vets Collingwood          |
| 1000m | 40 - 44  | 2.34.2  | NOEL CLOUGH     | 02-Jul-97 | Vic Vets Collingwood          |
| 1000m | 45 - 49  | 2.57    | KEN FRASER      | 04-Jul-82 | Vets Winter Titles Springvale |
| 1000m | 50 - 54  | 4.18.67 | GEORGE GOODE    | 21-Jun-92 | World Vets. Eugene            |
| 1000m | 55 - 59  | 4.18.67 | GEORGE GOODE    | 21-Jun-92 | Vets Winter Titles Coburg     |
| 1000m | 60 - 64  | 4.09.2  | NEVILLE WILSON  | 20-Jun-93 | Vets Winter Titles Coburg     |
| 1000m | 65 - 69  | 4.25.64 | GEORGE GOODE    | 20-Jun-93 | Vets Winter Titles Coburg     |