

COBURG HARRIERS FUN RUN 040207 6KM RUN/WALK 12KM RUN

6KM RUN MALE

PLACE	FNAME	SNAME	MINUTES	SECONDS	COMMENTS	CLUB
1	ROBERT	PONKLINGTON	21	40	3.37 KM PACE - FANTASTIC KM PACE	
2	ADRIAN	BALL	23	33	3.56 KM PACE - STRONG PERFORMANCE	
3	EDWIN	CHEUNG	24	36	PB WELL DONE 4.06 KM PACE, IMPRESSIVE!	COBURG HARRIERS
4	DOUG	SANDIFORD	24	45		
5	STEVE	RYAN	24	51		
6	COREY	WALKER	26	6		
7	CHRISTIAN	DAY	26	8		
8	JON	HOLMES	26	11		
9	DAVID	DOBSON	29	17		
10	HARVEY	COHON	37	52		

6KM RUN FEMALE

PLACE	FNAME	SNAME	MINUTES	SECONDS	COMMENTS	CLUB
1	DANIELLA	MODESTI	27	7	4.31 KM PACE - SOUNDS LIKE A PB! TOP EFFORT!	COBURG HARRIERS
2	REBECCA	URBAN	29	39	4.57 KM PACE - GREAT RESULT	
3	CORAL	CARA	31	56	5.19 KM PACE - STRONG EFFORT	
4	MUNKIE	WONG	33	48	BIG IMPROVER: WATCH OUT EDWIN!	COBURG HARRIERS
5	MICHELLE	JAMSEN	33	56		
6	SARAH	ALLEN	35	12		
7	SUSAN	SOUTHAN-SAHIN	36	53	GREAT TO SEE YOU BACK IN THE OLD TERRITORY	COBURG HARRIERS
8	DENISE	SMITH	37	4	PB WELL DONE	COBURG HARRIERS
9	DONNA	BROWN	39	14		
10	NICOLE	BRYANT	40	12		
11	JILL	URBAN	42	50		

6KM WALK M/F

PLACE	FNAME	SNAME	MINUTES	SECONDS	COMMENTS	CLUB
1	STEVE	JORDAN	43	24	GREAT EFFORT -STEVE	
2	JOHN	CUSTO	45	42	WELL DONE	
3	DOUG	WHEELER	46	57	GOOD EFFORT	
4	ROBYN	FLOWER	47	33		
5	GARY	TURNER	50	11		
6	ROSEMARY	WATSON	64	29	WELCOME ROSEMARY	

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12KM RUN MALE

PLACE	FNAME	SNAME	MINUTES	SECONDS	COMMENTS	CLUB
1	PETER	HULBERT	40	22	3.22 KM PACE, POWERFULL EFFORT	
2	NICK	CLARK	41	45	3.29 KM PACE, STRONG PERFORMANCE	
3	SIMON	ROYALL	45	25	3.47 KM PACE, WELL DONE	
4	DARREN	SMITH	49	5		
5	KELVIN	MARSHALL	49	32		
6	SEAN	BAKEN	50	55		
7	DANIEL	COLE	52	27		
8	DEAN	LINDSEY	53	34		
9	CHRIS	DYER	53	48		
10	CHRISTOPHER	WORN SOP	54	17		
11	?	WOODS	57	16		
12	KEVIN	HORRIGAN	57	17		
13	BRUCE	OHLENROTT	57	36		
14	KEN	SMITH	60	0		
15	DENIS	VANCE	61	49		
16	KEVIN	CASSIDY	67	36		COBURG IN SPIRIT
17	KEVIN	FOWLER	67	54		
18	DANIEL	NORRIS	70	18		COBURG HARRIERS
19	ANTHONY	BOWMAN	72	20		COBURG HARRIERS
20	MICHAEL	GRECH	76	46		COBURG HARRIERS

12KM RUN FEMALE

PLACE	FNAME	SNAME	MINUTES	SECONDS	COMMENTS	CLUB
1	MOYA	EIKIM	51	42	GREAT EFFORT 4.19KM PACE	
2	PRITA	JOBLING	60	19	5.02 KM PACE WELL DONE	
3	ANNETTE	OSMAN	60	23	5.02 KM PACE WELL DONE	
4	DEBRA	ROBB	67	26		
5	ADELINE	SOH	73	23	GREAT FINISH EQUAL 5TH	
5	MADELENE	PEARSON	73	23	GREAT FINISH EQUAL 5TH	

*** SPECIAL THANKS TO ALL COBURG HARRIER CLUB MEMBERS WHO HELPED: DIANE, BRIAN, MARK, CHRIS, NEVILLE, KEN, LOUNG, JOHANNA & OTHERS

*** NEXT FUN RUN: 2007 March 11 Coburg King & Queen of the North 12km & 6km 9am

*** DO YOU WANT TO GO TO THE NEXT LEVEL? SPECIAL TRAINING: TUESDAY & THURSDAY NIGHTS 6:00 PM - 7:15 PM INTERVALS WITH COACH BRIAN DELANEY AT COBURG ATHLETIC TRACK, ALL FUN RUNNERS WELCOME!