


300 Mtres to 1K

Coburg Harriers Club Records - 300 Mtres to 1Km

EVENT	AGE	PERFORMANCE	NAME	DATE	LOCATION	Electronic Equivalent=
LADIES PERFORMANCES						
						
Womens 300 @						
		31-Jul-08				0.014
300m	UNDER 18	0.00	0	00-Jan-00	0	
300m	UNDER 19	52.00	NICOLE BRENISTAS	19-Oct-96	Plate Comp Aberfeldie	
300m	UNDER 20	52.00	NICOLE BRENISTAS	19-Oct-96	Plate Comp Aberfeldie	
300m	OPEN	52.00	NICOLE BRENISTAS	19-Oct-96	Plate Comp Aberfeldie	
Womens 400 @						
		31-Jul-08				
400m	UNDER 13	69.30	NICOLLE WALLIS	15-Nov-86	ABERFELDIE	69.31
400m	UNDER 14	69.30	NICOLLE WALLIS	15-Nov-86	ABERFELDIE	69.31
400m	UNDER 15	64.10	DEBRA DEBNAM	82/83	0	64.11
400m	UNDER 16	61.67	WHITE, CELESTE	23-Feb-08	OLYMPIC PARK	61.68
400m	UNDER 17	61.67	WHITE, CELESTE	23-Feb-08	OLYMPIC PARK	61.68
400m	UNDER 18	61.67	WHITE, CELESTE	23-Feb-08	OLYMPIC PARK	61.68
400m	UNDER 19	61.67	WHITE, CELESTE	23-Feb-08	OLYMPIC PARK	61.68
400m	UNDER 20	61.67	WHITE, CELESTE	23-Feb-08	OLYMPIC PARK	61.68
400m	OPEN	61.67	WHITE, CELESTE	23-Feb-08	OLYMPIC PARK	61.68
400m	30-34	66.24	JOANNE FRANCKEN	07-Mar-08	O.A.Championships Olympic Park	66.25
400m	35-39	66.24	JOANNE FRANCKEN	07-Mar-08	O.A.Championships Olympic Park	66.25
400m	40-44	77.36	Stacey Van Dueren	17-Feb-07	AV Shield Williamstown	77.37
400m	45-49	77.36	Stacey Van Dueren	17-Feb-07	AV Shield Williamstown	77.37
400m	50-54	83.69	BARBARA DALGLEISH	30-Sep-99	7th Australian Masters Games - Adelaide	83.70
400m	55-59	83.69	BARBARA DALGLEISH	30-Sep-99	7th Australian Masters Games - Adelaide	83.70
400m	60-64	83.69	BARBARA DALGLEISH	30-Sep-99	7th Australian Masters Games - Adelaide	83.70
Womens 800 @						
		31-Jul-08				
800m	UNDER 13	2.31.5	NICOLLE WALLIS	22-Nov-86	ABERFELDIE	
800m	UNDER 14	2.31.5	NICOLLE WALLIS	22-Nov-86	ABERFELDIE	
800m	UNDER 15	2.24.5	KELLY WALLIS	0/12/86	ABERFELDIE	
800m	UNDER 16	2.24.5	KELLY WALLIS	0/12/86	ABERFELDIE	
800m	UNDER 17	2.24.5	KELLY WALLIS	0/12/86	ABERFELDIE	
800m	UNDER 18	2.24.5	KELLY WALLIS	0/12/86	ABERFELDIE	
800m	UNDER 19	2.20.9	MAUREEN MATHEWS	12-Dec-87	ABERFELDIE	
800m	UNDER 20	2.20.99	MAUREEN MATHEWS	12-Dec-87	ABERFELDIE	
800m	OPEN	2.20.99	MAUREEN MATHEWS	12-Dec-87	ABERFELDIE	
800m	30-34	2.34.95	JOANNE FRANCKEN	08-Mar-08	O.A.Championships Olympic Park	
800m	35-39	2.34.95	JOANNE FRANCKEN	08-Mar-08	O.A.Championships Olympic Park	
800m	40-44	2.45.68	STACEY VAN DUEREN	17-Feb-07	AV Shield Williamstown	
800m	45-49	2.45.68	STACEY VAN DUEREN	17-Feb-07	AV Shield Williamstown	
800m	50-54	3.00.82	BARBARA DALGLIESH	0/0/1988	Aus.Vets Chmp Tas	
800m	55-59	3.00.82	BARBARA DALGLIESH	0/0/1992	Aus.Vets Chmp Tas	
800m	60-64	3.10.6	BARBARA DALGLEISH	27-Sep-99	7th Australian Masters Games - Adelaide	
Womens 1000 @						
		31-Jul-08				
1000m	UNDER 13	4.29.00	SARAH CORNALL	16-Oct-99	ABERFELDIE	

300 Mtres to 1K

MENS PERFORMANCES



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Mens 300 @

31-Jul-08

300m	UNDER17	41.40	BEN WEBER	25-Oct-97	Plate round Box Hill	41.41
300m	UNDER 18	41.40	SIMON CRAIG	11-Oct-97	Plate Round Aberfeldie	41.41
300m	UNDER 19	41.40	SIMON CRAIG	11-Oct-97	Plate Round Aberfeldie	41.41
300m	UNDER 20	41.40	SIMON CRAIG	11-Oct-97	Plate Round Aberfeldie	41.41
300m	OPEN	35.90	PAUL DYETT	0/1/1984	0	35.91

Mens 400 @

31-Jul-08

400m	UNDER 13	63.10	ANTHONY WOOD	0/0/1978	0	63.11
400m	UNDER 14	56.60	ANTHONY WOOD	0/0/1980	0	56.61
400m	UNDER 15	54.30	CRAIG SEXTON	17-Nov-79	0	54.31
400m	UNDER 16	53.24	GARY WORKMAN	23-Mar-86	Olympic Park	53.25
400m	UNDER 17	49.90	JOHN FLEMING	0/0/1976	0	49.91
400m	UNDER 18	49.90	JOHN FLEMING	0/0/1976	0	49.91
400m	UNDER 19	47.80	JOHN FLEMING	0/0/1978	0	47.81
400m	UNDER 20	47.80	JOHN FLEMING	0/0/1978	0	47.81
400m	OPEN	47.10	NOEL CLOUGH	26-Mar-66	0	47.11
400m	35 - 39	50.10	NOEL CLOUGH	76/77	0	50.11
400m	40 - 44	49.50	NOEL CLOUGH	0/8/1977	World Vets SWEDEN	49.51
400m	45 - 49	61.40	FRED RADEMAKER	06-Dec-97	Aberfeldie	61.41
400m	50 - 54	62.00	KEN FRASER	09-Nov-85	Aberfeldie	62.01
400M	55 - 59	64.45	KEN SOUYAVE	26-Nov-05	ABERFELDIE - AV Shield	64.464
400m	60 - 64	88.43	GEORGE GOODE	08-Oct-98	Vets WR Games Abfld	88.44
400m	65 - 69	88.43	GEORGE GOODE	08-Oct-98	Vets WR Games Abfld	88.44
400m	70 - 74	88.43	GEORGE GOODE	08-Oct-98	Vets WR Games Abfld	88.44

Mens 600 @

31-Jul-08

600m	UNDER 14	1.48.05	BEN WEBER	29-Oct-94	ABERFELDIE	
600m	UNDER 15	1.48.05	BEN WEBER	29-Oct-94	ABERFELDIE	
600m	UNDER 16	1.41	BEN WEBER	26-Oct-96	ABERFELDIE	
600m	UNDER 17	1.31.2	BEN WEBER	30-Oct-97	Plate final	
600m	UNDER 18	1.31.2	BEN WEBER	30-Oct-97	ABERFELDIE	
600m	UNDER 19	1.31.2	BEN WEBER	30-Oct-97	Plate final	
600m	UNDER 20	1.31.2	BEN WEBER	30-Oct-97	Plate final	
600m	OPEN	1.30.6	ANTHONY CAR	30-Oct-97	Plate final	
600m	35 - 39	1.34.8	NOEL CLOUGH	04-Jun-89	Vic Vets Wint Chmps Coburg	
600m	40 - 44	1.34.8	NOEL CLOUGH	04-Jun-89	Vic Vets Wint Chmps Coburg	
600m	45 - 49	1.34.8	NOEL CLOUGH	04-Jun-89	Vic Vets Wint Chmps Coburg	
600m	50 - 54	1.34.8	NOEL CLOUGH	04-Jun-89	Vic Vets Wint Chmps Coburg	
600m	55 - 60	2.18.9	GEORGE GOODE	21-Jun-92	Aberfeldie	
600m	60 - 64	2.18.9	GEORGE GOODE	21-Jun-92	Aberfeldie	
600m	65 - 69	2.24	GEORGE GOODE	20-Jun-93	Vets Winter Titles Coburg	

300 Mtres to 1K

Mens 800 @

31-Jul-08

800m	UNDER 13	2.18.0	A. GRBAC	81/82	0
800m	UNDER 14	2.09.30	Michael Turner	18-Jan-07	Victorian Milers Club
800m	UNDER 15	2.04.4	CRAIG SEXTON	03-Nov-79	0
800m	UNDER 16	2.00.9	CRAIG SEXTON	01-Nov-80	0
800m	UNDER 17	1.54.5	JOHN FLEMING	0/0/1976	0
800m	UNDER 18	1.54.5	JOHN FLEMING	0/0/1976	0
800m	UNDER 19	1.50.9	HERB ELLIOT	28-Jan-57	0
800m	UNDER 20	1.50.9	HERB ELLIOT	28-Jan-57	0
800m	OPEN	1.46.2	NOEL CLOUGH	08-Aug-66	JAMAICA
800m	35 - 39	1.54.8	NOEL CLOUGH	24-Jun-90	World Vets SWEDEN
800m	40 - 44	1.54.8	NOEL CLOUGH	0/8/1977	World Vets SWEDEN
800m	45 - 49	2.05.8	KEN FRASER	03-Apr-83	Olympic Pk. Aus Vets
800m	50 - 54	2.14.23	KEN FRASER	23-Mar-86	Vic Vets Murrumbeena
800m	55 - 59	02.22.81	KEN SOUYAVE	05-Nov-05	ABERFELDIE - AV Shield
800m	60 - 64	3.14.00	GEORGE GOODE	20-Mar-93	Vets Vic Titles Abfid
800m	65 - 69	3.14.00	GEORGE GOODE	20-Mar-93	Vets Vic Titles Abfid
800m	70 - 74	3.23.12	GEORGE GOODE	00/3/98	Oceana Vets Games NZ

Mens 1000 @

31-Jul-08

1000m	UNDER17	2.55.8	BEN WEBER	25-Oct-97	Plate Comp Aberfeldie
1000m	UNDER18	2.55.8	BEN WEBER	25-Oct-97	Plate round Box Hill
1000m	UNDER19	2.55.8	BEN WEBER	25-Oct-97	Plate round Box Hill
1000m	UNDER20	2.55.8	BEN WEBER	25-Oct-97	Plate round Box Hill
1000m	OPEN	2.34.2	NOEL CLOUGH	02-Jul-97	Vic Vets Collingwood
1000m	35 - 39	2.34.2	NOEL CLOUGH	02-Jul-97	Vic Vets Collingwood
1000m	40 - 44	2.34.2	NOEL CLOUGH	02-Jul-97	Vic Vets Collingwood
1000m	45 - 49	4.18.67	GEORGE GOODE	21-Jun-92	Vets Winter Titles Coburg
1000m	50 - 54	4.18.67	GEORGE GOODE	21-Jun-92	World Vets. Eugene
1000m	55 - 59	4.18.67	GEORGE GOODE	21-Jun-92	Vets Winter Titles Coburg
1000m	65 - 69	4.09.2	NEVILLE WILSON	20-Jun-93	Vets Winter Titles Coburg
1000m	65 - 69	4.25.64	GEORGE GOODE	20-Jun-93	Vets Winter Titles Coburg