

Round	Event	Grade	Result	Firstname	Surname	
1	100 metres	INV	00.11.99	PAUL	KEATING	
1	100 metres	INV	00.12.91	CHAPMAN	MONG	
1	100 metres	Div 2	00.12.57	GARY	HENNESSY	
1	1500 metres	DNQ	07.45.00	DIANE	BRIMACOMBE	
1	1500 metres	INV	04.31.00	JOEL	LEGG	PB
1	1500 metres	Div 3	04.52.48	ROHAN	KING	
1	1500 metres	DNQ	08.26.00	KEN	CARTER	
1	1500 metres	U/18	05.16.00	JAY	BLAKE	
1	200 metres	INV	00.23.80	PAUL	KEATING	
1	200 metres	Div 2	00.25.31	GARY	HENNESSY	
1	200 metres	INV	00.25.67	CHAPMAN	MONG	PB
1	200 metres	DNQ	00.42.29	KEN	CARTER	
1	4 x 100 metres	Div 2	00.51.41	KEATING / MONG / J BLAKE / HENNESSY		
1	400 metres	U/18	01.04.00	JAY	BLAKE	
1	Discus	Div 2	00.25.15	KEN	CARTER	
1	Discus	INV	00.16.06	BEN	CARR	
1	Hammer Throw	Div 4	00.23.86	KEN	CARTER	
1	Javelin	INV	00.26.27	JOEL	LEGG	
1	Javelin	Div 4	00.20.19	KEN	CARTER	
1	Javelin	INV	00.32.36	AARON	BASCETTA	
1	Javelin	INV	00.23.63	BEN	CARR	
1	Javelin	INV	00.29.00	KATIE	CARR	
1	Shot Put	INV	00.09.31	JOEL	LEGG	
1	Shot Put	Div 3	00.08.11	ROHAN	KING	
1	Shot Put	Div 3	00.07.65	KEN	CARTER	

Round	Event	Grade	Result	Firstname	Surname	
2	100 metres	INV	00.12.23	PAUL	KEATING	
2	100 metres	Div 2	00.13.06	CHAPMAN	MONG	
2	100 metres	Div 2	00.12.56	DAMIAN	GARGAN	
2	100 metres	Div 2	00.13.35	MOHAMED	REESE	
2	100 metres	Div 4	00.16.66	KEN	CARTER	
2	800 metres	Div 2	02.08.00	LUONG	DAO	
2	800 metres	Div 2	02.13.05	JEREMY	GREY	
2	800 metres	Div 2	02.20.54	ROHAN	KING	
2	800 metres	Div 3	02.22.00	JOEL	LEGG	
2	800 metres	Div 3	02.33.62	BRIAN	DELANEY	
2	800 metres	Div 3	02.36.52	GARY	BLAKE	PB
2	800 metres	DNQ	04.08.00	KEN	CARTER	
2	800 metres	U/18	02.35.00	JAY	BLAKE	
2	200 metres	INV	00.24.19	PAUL	KEATING	
2	200 metres	Div 2	00.26.29	CHAPMAN	MONG	
2	200 metres	Div 2	00.27.03	LUONG	DAO	
2	200 metres	Div 2	00.27.76	MOHAMED	REESE	
2	200 metres	Div 4	00.37.33	KEN	CARTER	
2	5000 metres	Div 2	17.29.94	JEREMY	GREY	PB
2	5000 metres	Div 2	17.55.00	WARWICK	ERWIN	
2	5000 metres	Div 2	19.09.00	STACEY	VAN DEUREN	PB / Club Record
2	3000 metres	Div 3	10.35.00	LUONG	DAO	
2	3000 metres	Div 3	10.39.00	ROHAN	KING	PB
2	3000 metres	Div 3	10.46.00	PHILIP	VAN DEUREN	
2	3000 metres	INV	10.52.00	KEN	SOUYAVE	
2	3000 metres	Div 4	12.06.24	GARY	BLAKE	
2	3000 metres	U/18	11.51.00	JAY	BLAKE	
2	3000 metres	Div 2	15.16.86	DIANE	BRIMACOMBE	
2	Discus	INV	00.24.97	LAWRENCE	WILLIS	
2	Discus	Div 4	00.27.36	KEN	CARTER	
2	Discus	Div 4	00.23.06	JOHN	STAUNTON	
2	Discus	INV	00.33.89	MATTHEW	POULTER	
2	Discus	INV	00.35.68	MICHAEL	POULTER	
2	Hammer Throw	Div 4	00.25.86	KEN	CARTER	
2	Hammer Throw	INV	00.28.81	LAWRENCE	WILLIS	
2	Javelin	INV	00.45.51	MICHAEL	POULTER	
2	Javelin	INV	00.34.92	LAWRENCE	WILLIS	
2	Javelin	Div 4	00.22.95	ROHAN	KING	
2	Shot Put	INV	00.12.82	MATTHEW	POULTER	
2	Shot Put	Div 2	00.08.83	ROHAN	KING	
2	Shot Put	Div 4	00.09.30	KEN	CARTER	
2	Shot Put	Div 3	00.08.23	MOHAMED	REESE	
2	Shot Put	INV	00.11.52	LAWRENCE	WILLIS	Club Age Group Record

Round	Event	Grade	Result	Firstname	Surname	
3	100 metres	Div 2	00.11.90	DAMIAN	GARGAN	3rd place in heat
3	100 metres	Div 2	00.13.00	CHAPMAN	MONG	
3	100 metres	Div 3	00.14.45	WARREN	BURKE	3rd place in heat
3	100 metres	Div 4	00.15.00	FRED	RADEMAKER	
3	100 metres	Div 4	00.15.79	STEPHEN	RUSSELL	
3	100 metres	DNQ	00.23.00	KEN	CARTER	
3	100 metres	INV	00.13.30	CHRIS	ADAMS	
3	100 metres	U18	00.13.99	JAY	BLAKE	1st place in heat
3	110 metre Hurdles	Div 3	00.22.85	FRED	RADEMAKER	
3	1500 metres	Div 2	04.25.69	JEREMY	GREY	
3	1500 metres	Div 3	04.57.98	PHILIP	VAN DUEREN	PB
3	1500 metres	Div 3	05.03.32	WARREN	BURKE	
3	1500 metres	Div 3	05.21.00	FRED	RADEMAKER	
3	1500 metres	DNQ	09.27.00	KEN	CARTER	
3	1500 metres	INV	04.55.00	CHRIS	ADAMS	
3	200 metres	Div 2	00.24.03	DAMIAN	GARGAN	
3	200 metres	Div 2	00.26.35	CHAPMAN	MONG	
3	200 metres	Div 2	00.27.53	JEREMY	GREY	3rd place in heat
3	200 metres	Div 3	00.28.87	WARREN	BURKE	
3	200 metres	Div 3	00.29.80	FRED	RADEMAKER	
3	200 metres	Div 3	00.30.61	GARY	BLAKE	
3	200 metres	Div 4	00.33.14	JOHN	STAUNTON	
3	200 metres	Div 4	00.34.17	DARRYL	THOMPSON	
3	200 metres	DNQ	00.45.38	KEN	CARTER	
3	200 metres	U18	00.28.44	JAY	BLAKE	1st place in heat
3	2000 metre S/C	Div 3	08.45.00	WARREN	BURKE	
3	2000 metre S/C	U18	08.11.04	JAY	BLAKE	PB
3	4 x 100 metre Relay	Div 2	00.51.87	MONG / GARGAN / WILLIS / J BLAKE		
3	4 x 100 metre Relay	Div 3	00.58.57	VILLEGAS / BURKE / G BLAKE / THOMPSON		
3	4 x 100 metre Relay	Div 4	01.00.12	STAUNTON / DELANEY / RADEMAKER / GREY		
3	400 metres	Div 3	01.00.01	JEREMY	GREY	3rd place in heat
3	400 metres	Div 3	01.06.74	WARREN	BURKE	
3	400 metres	Div 3	01.08.25	GARY	BLAKE	3rd place in heat
3	400 metres	Div 4	01.08.39	CHRIS	HARRAP	
3	400 metres	Div 4	01.16.42	JOHN	STAUNTON	

3 400 metres	Div 4	01.11.58	FRED	RADEMAKER	
3 400 metres	INV	01.18.40	DARRYL	THOMPSON	
3 400 metres	U18	01.04.00	JAY	BLAKE	1st place in heat
3 Discus	Div 3	00.23.84	PHIL	CURTAIN	
3 Discus	Div 3	00.28.28	KEN	CARTER	
3 Discus	Div 4	00.22.25	DARRYL	THOMPSON	
3 Discus	Div 4	00.24.22	JOHN	STAUNTON	
3 Discus	U18	00.31.31	LAWRENCE	WILLIS	
3 Hammer Throw	Div 4	00.22.29	KEN	CARTER	
3 Hammer Throw	Div 4	00.22.40	PHIL	CURTAIN	
3 Hammer Throw	U18	00.27.10	LAWRENCE	WILLIS	
3 High Jump	U18	00.01.35	FRED	RADEMAKER	
3 Javelin	Div 2	00.30.62	PHIL	CURTAIN	
3 Javelin	Div 4	00.19.87	KEN	CARTER	
3 Javelin	Div 4	00.23.32	DARRYL	THOMPSON	
3 Javelin	U18	00.38.57	LAWRENCE	WILLIS	
3 Shot Put	Div 2	00.09.65	PHIL	CURTAIN	
3 Shot Put	Div 4	00.07.23	KEN	CARTER	
3 Shot Put	Div 4	00.08.90	DARRYL	THOMPSON	
3 Shot Put	INV	00.07.20	WARREN	BURKE	
3 Shot Put	U18	00.12.84	LAWRENCE	WILLIS	
3 Triple Jump	Div 4	00.08.39	FRED	RADEMAKER	

Round	Event	Grade	Result	Firstname	Surname	
4	800 metres	Div 2	02.10.72	LUONG	DAO	
4	800 metres	Div 2	02.15.78	JEREMY	GREY	
4	800 metres	Div 2	02.18.43	ROHAN	KING	
4	800 metres	Div 3	02.27.07	BRIAN	DELANEY	
4	800 metres	Div 3	02.27.79	KEN	SOUYAVE	
4	800 metres	Div 3	02.29.95	FRED	RADEMAKER	
4	800 metres	Div 4	02.34.43	MICHAEL	MURRELL	
4	800 metres	Div 4	02.44.00	CHRIS	HARRAP	
4	800 metres	U/18	02.25.32	JAY	BLAKE	VB
4	800 metres	U/18	02.42.00	LEIGH	MOYLAN	
4	200 metres	Div 4	00.43.68	KEN	CARTER	
4	400 metre Hurdle	Div 3	00.75.62	FRED	RADEMAKER	
4	5000 metres	Div 2	17.23.39	JEREMY	GREY	PB
4	5000 metres	Div 2	17.47.87	WARWICK	ERWIN	
4	5000 metres	Div 2	17.50.98	LUONG	DAO	
4	3000 metres	Div 3	10.44.00	ROHAN	KING	
4	3000 metres	Div 3	11.16.00	KEN	SOUYAVE	
4	3000 metres	Div 3	11.59.26	FRED	RADEMAKER	
4	3000 metres	Div 4	12.13.60	MICHAEL	MURRELL	PB
4	3000 metres	Div 4	14.13.95	GORDON	PROUDFOOT	
4	3000 metres	U/18	n/a	LEIGH	MOYLAN	
4	Hammer Throw	Div 2	00.24.31	MICHAEL	POULTER	
4	Hammer Throw	Div 3	00.26.03	PHIL	CURTAIN	Club Age Group Record
4	Hammer Throw	Div 4	00.19.98	KEN	CARTER	
4	Javelin	Div 2	00.47.77	MICHAEL	POULTER	PB
4	Javelin	Div 3	00.28.56	PHIL	CURTAIN	
4	Javelin	Div 4	00.15.00	KEN	CARTER	
4	Long Jump	Div 3	00.04.60	JOEL	LEGG	
4	Long Jump	Div 4	00.03.78	JEREMY	GREY	
4	Shot Put	Div 2	00.08.92	PHIL	CURTAIN	
4	Shot Put	Div 2	00.11.97	MICHAEL	POULTER	PB
4	Shot Put	Div 3	00.09.53	ROHAN	KING	
4	Shot Put	Div 4	00.07.11	KEN	CARTER	

Round	Event	Grade	Result	Firstname	Surname	
5	100 metres	Div 2	00.12.22	PAUL	KEATING	4th
5	100 metres	Div 4	00.16.43	PHIL	CURTAIN	
5	100 metres	DNQ	00.18.69	KEN	CARTER	
5	1500 metres	Div 2	04.32.82	JEREMY	GREY	
5	1500 metres	Div 2	04.47.00	WARWICK	ERWIN	
5	1500 metres	Div 2	04.49.38	ROHAN	KING	
5	1500 metres	Div 3	04.57.60	KEN	SOUYAVE	1st
5	1500 metres	Div 3	05.11.56	FRED	RADEMAKER	
5	1500 metres	INV	05.18.00	JAMES	NEWMAN	
5	1500 metres	Div 3	05.26.14	GARY	BLAKE	
5	1500 metres	Div 4	05.58.56	CHRIS	HARRAP	
5	1500 metres	Div 4	06.29.88	JOHN	STAUNTON	
5	1500 metres	DNQ	08.43.00	KEN	CARTER	
5	1500 metres	DNQ	07.31.00	DIANE	BRIMACOMBE	PB
5	1500 metres	U18	04.58.80	JAY	BLAKE	PB
5	1500 metres	U18	05.38.60	LEIGH	MOYLAN	
5	200 metres	Div 2	00.24.18	PAUL	KEATING	
5	200 metres	Div 3	00.28.19	MOHAMMED	REESE	2nd
5	200 metres	Div 3	00.29.46	FRED	RADEMAKER	3rd
5	200 metres	Div 4	00.34.69	PHIL	CURTAIN	
5	200 metres	U14	00.27.72	DEAN	TYDELL	
5	110 metre Hurdle	Div 2	00.22.04	FRED	RADEMAKER	
5	110 metre Hurdle	Div 2	00.22.69	MOHAMMED	REESE	
5	2000 metre S/C	Div 3	08.09.00	PHIL	VAN DUEREN	
5	2000 metre S/C	Div 3	08.19.69	JAY	BLAKE	PB
5	2000 metre S/C	Div 4	08.28.72	GARY	BLAKE	PB
5	2000 metre S/C	Div 4	08.42.90	WARWICK	ERWIN	
5	2000 metre Walk	Div 3	00.14.33	JOHN	STAUNTON	
5	4 x 200 metre Relay	Div 2	01.47.14	GREY / REESE / KING / KEATING		
5	4 x 200 metre Relay	Div 3	n/k	G BLAKE / J BLAKE / RADEMAKER / SOUYAVE		
5	4 x 200 metre Relay	Div 4	n/k	ERWIN / WILLIS / CURTAIN / HARRAP		
5	400 metres	Div 3	01.00.87	JEREMY	GREY	4th
5	400 metres	Div 3	01.02.39	ROHAN	KING	
5	400 metres	Div 3	01.05.27	FRED	RADEMAKER	
5	400 metres	INV	01.02.43	JAMES	NEWMAN	
5	Discus	Div 2	00.35.45	MICHAEL	POULTER	
5	Discus	Div 3	00.25.72	PHIL	CURTAIN	
5	Discus	Div 4	00.22.23	JOHN	STAUNTON	
5	Discus	Div 4	00.27.15	KEN	CARTER	
5	Discus	INV	00.20.00	JAMES	NEWMAN	
5	Hammer Throw	Div 3	00.26.06	PHIL	CURTAIN	
5	Hammer Throw	Div 3	00.27.37	LAWRENCE	WILLIS	
5	Hammer Throw	Div 4	00.24.50	KEN	CARTER	
5	High Jump	Div 4	00.01.25	PHIL	CURTAIN	Club 50 - 54 Record
5	Javelin	Div 2	00.35.84	PHIL	CURTAIN	Club 50 - 54 Record
5	Javelin	Div 2	00.49.22	MICHAEL	POULTER	
5	Javelin	Div 3	00.27.60	ROHAN	KING	PB
5	Javelin	Div 4	00.22.59	KEN	CARTER	
5	Javelin	Div 4	00.24.54	MOHAMMED	REESE	
5	Javelin	INV	00.25.00	JAMES	NEWMAN	
5	Javelin	U14	00.00.00	DEAN	TYDELL	
5	Javelin	U14	00.00.00	BEN	CARR	
5	Javelin	U14	00.34.62	AARON	BASCETTA	PB
5	Shot Put	Div 2	00.12.41	MATTHEW	POULTER	
5	Shot Put	Div 2	00.12.99	MICHAEL	POULTER	PB
5	Shot Put	Div 3	00.10.64	PHIL	CURTAIN	Club 50 - 54 Record
5	Shot Put	Div 3	00.12.46	LAWRENCE	WILLIS	Club Open / U18 Record
5	Shot Put	Div 4	00.08.41	MOHAMMED	REESE	

5 Shot Put	Div 4	00.08.83	KEN	CARTER	
5 Shot Put	Div 4	00.10.10	ROHAN	KING	PB
5 Shot Put	U14	00.06.25	BEN	CARR	
5 Shot Put	U14	00.08.17	AARON	BASCETTA	
5 Shot Put	U14	00.09.35	DEAN	TYDELL	
5 Triple Jump	U14	00.08.22	BEN	CARR	
5 Triple Jump	U14	00.08.53	AARON	BASCETTA	
5 Triple Jump	U14	00.08.94	DEAN	TYDELL	

Round	Event	Grade	Result	Firstname	Surname	
6	1500 metre Wal	Div 3	10.39.50	JOHN	STAUNTON	
6	100 metres	Div 2	00.12.28	DAMIAN	GARGAN	3rd
6	100 metres	Div 3	00.13.58	MOHAMED	REESE	
6	100 metres	Div 4	00.17.59	KEN	CARTER	
6	800 metres	Div 2	02.11.60	JEREMY	GREY	3rd
6	800 metres	Div 2	02.18.09	ROHAN	KING	VB
6	800 metres	Div 2	02.23.60	KEN	SOUYAVE	Club Age Group Record
6	800 metres	Div 2	02.45.80	STACEY	VAN DUEREN	3rd / Club Age Group Record
6	800 metres	Div 3	02.23.71	FRED	RADEMAKER	
6	800 metres	Div 3	02.25.98	BRIAN	DELANEY	
6	800 metres	Div 3	02.26.00	JAMES	NEWMAN	
6	800 metres	Div 4	02.31.85	PHILIP	VAN DUEREN	
6	800 metres	Div 4	02.41.32	GARY	BLAKE	
6	800 metres	Div 4	02.41.55	CHRIS	HARRAP	1st
6	800 metres	U18	02.25.54	JAY	BLAKE	
6	800 metres	DNQ	04.18.06	KEN	CARTER	
6	800 metres	INV	02.56.48	JOHN	STAUNTON	3rd
6	200 metres	Div 2	00.25.04	DAMIAN	GARGAN	
6	200 metres	Div 3	00.28.36	MOHAMED	REESE	3rd
6	200 metres	Div 3	00.29.26	ROHAN	KING	
6	200 metres	Div 3	00.30.06	FRED	RADEMAKER	
6	200 metres	Div 4	00.30.93	GARY	BLAKE	3rd
6	200 metres	DNQ	00.39.45	KEN	CARTER	
6	3000 metres	Div 2	10.02.00	JEREMY	GREY	PB
6	3000 metres	Div 3	10.54.00	WARWICK	ERWIN	
6	3000 metres	Div 3	10.58.02	PHILIP	VAN DUEREN	
6	3000 metres	Div 3	10.59.00	BRIAN	DELANEY	
6	3000 metres	Div 4	10.59.95	ROHAN	KING	
6	3000 metres	Div 4	11.11.00	KEN	SOUYAVE	
6	3000 metres	Div 4	12.37.31	GARY	BLAKE	
6	3000 metres	Div 2	11.45.00	STACEY	VAN DUEREN	Club Age Group Record
6	110 metre Hurdle	Div 3	00.21.67	FRED	RADEMAKER	
6	110 metre Hurdle	Div 3	DNF	JEREMY	GREY	
6	4 x 400 metres f	Div 2	04.07.67	GARGAN / KING / REESE / GREY		
6	4 x 400 metres f	Div 3	04.39.00	RADEMAKER / DELANEY / J BLAKE / G BLAKE		
6	4 x 400 metres f	Div 4	04.43.82	HARRAP / SOUYAVE / ERWIN / VAN DUEREN		
6	Discus	Div 3	00.37.90	MATTHEW	POULTER	
6	Discus	Div 3	00.35.96	MICHAEL	POULTER	
6	Discus	Div 4	00.25.49	PHIL	CURTAIN	
6	Discus	Div 4	00.24.43	JOHN	STAUNTON	
6	Hammer Throw	Div 3	00.25.81	PHIL	CURTAIN	Club Age Group Record
6	Hammer Throw	Div 3	00.25.00	LAWRENCE	WILLIS	
6	Hammer Throw	Div 4	00.24.04	KEN	CARTER	
6	Javelin	Div 2	00.47.30	MICHAEL	POULTER	
6	Javelin	Div 2	00.37.55	MATTHEW	POULTER	
6	Javelin	Div 3	00.33.54	PHIL	CURTAIN	
6	Javelin	Div 4	00.23.52	MOHAMED	REESE	
6	Javelin	Div 4	00.22.50	KEN	CARTER	
6	Javelin	INV	00.21.12	FRED	RADEMAKER	
6	Long Jump	Div 2	00.05.60	DAMIAN	GARGAN	
6	Long Jump	Div 3	00.03.98	FRED	RADEMAKER	
6	Long Jump	Div 3	00.03.97	MOHAMED	REESE	
6	Long Jump	DNQ	00.03.20	ROHAN	KING	
6	Shot Put	Div 2	00.12.66	MICHAEL	POULTER	PB
6	Shot Put	Div 2	00.12.66	MATTHEW	POULTER	
6	Shot Put	Div 3	00.11.26	LAWRENCE	WILLIS	
6	Shot Put	Div 3	00.10.25	PHIL	CURTAIN	
6	Shot Put	Div 4	00.09.61	ROHAN	KING	
6	Shot Put	Div 4	00.08.82	KEN	CARTER	

Round	Event	Grade	Result	Firstname	Surname	
7	2000 metre Wal	Div 4	13.42.26	JOHN	STAUNTON	
7	100 metres	Div 3	00.14.43	FRED	RADEMAKER	
7	100 metres	Div 3	00.14.68	GARY	BLAKE	
7	100 metres	Div 4	00.16.14	PHIL	CURTAIN	
7	100 metres	U18	00.13.88	JAY	BLAKE	
7	1500 metres	Div 2	04.27.34	JEREMY	GREY	
7	1500 metres	Div 2	05.19.12	STACEY	VAN DUEREN	2nd / PB/ Club Age Group Record
7	1500 metres	Div 3	04.55.00	KEN	SOUYAVE	PB
7	1500 metres	Div 3	04.57.80	BRIAN	DELANEY	
7	1500 metres	Div 3	05.00.96	PHILIP	VAN DUEREN	
7	1500 metres	Div 4	05.09.00	JAMES	NEWMAN	
7	1500 metres	Div 4	05.17.32	FRED	RADEMAKER	
7	1500 metres	Div 4	05.25.12	GARY	BLAKE	
7	1500 metres	U18	05.18.00	JAY	BLAKE	
7	1500 metres	INV	05.06.00	NICK	ILIOPOULOS	2nd
7	1500 metres	DNQ	07.30.22	DIANE	BRIMACOMBE	
7	1500 metres	DNQ	08.48.00	KEN	CARTER	
7	1500 metres	DNQ	DNF	JOHN	STAUNTON	
7	200 metres	Div 3	00.28.39	JEREMY	GREY	2nd
7	200 metres	Div 3	00.29.81	FRED	RADEMAKER	
7	200 metres	Div 3	00.29.00	JAMES	NEWMAN	
7	200 metres	Div 4	00.32.14	PHIL	CURTAIN	
7	200 metres	Div 4	n/r	KEN	SOUYAVE	
7	4 x 100 metre R	Div 2	00.56.52	J BLAKE / WILLIS / TYDELL / COLLYER		
7	4 x 100 metre R	Div 3	00.59.19	DELANEY / RADEMAKER / G BLAKE/ GREY		
7	4 x 100 metre R	Div 4	01.03.99	CARTER / STAUNTON / VAN DUEREN / SOUYAVE		
7	2000 metre S/C	Div 4	08.22.22	GARY	BLAKE	PB
7	110 metre Hurdle	Div 2	00.22.11	FRED	RADEMAKER	
7	400 metres	Div 3	01.00.65	JEREMY	GREY	3rd
7	400 metres	Div 3	01.05.80	BRIAN	DELANEY	2nd
7	400 metres	Div 3	01.06.83	FRED	RADEMAKER	3rd
7	400 metres	Div 4	01.07.64	PHILIP	VAN DUEREN	
7	400 metres	Div 4	01.09.75	GARY	BLAKE	
7	400 metres	Div 4	01.14.00	PHIL	CURTAIN	2nd
7	400 metres	DNQ	01.22.88	DARRYL	THOMPSON	3rd
7	400 metres	DNQ	02.06.00	KEN	CARTER	
7	400 metres	U18	01.05.68	JAY	BLAKE	
7	Discus	Div 2	00.38.83	MICHAEL	POULTER	PB
7	Discus	Div 3	00.25.13	PHIL	CURTAIN	
7	Discus	Div 3	00.25.77	DARRYL	THOMPSON	
7	Discus	Div 3	00.29.10	KEN	CARTER	
7	Discus	Div 4	00.22.21	JOHN	STAUNTON	
7	Discus	Div 4	00.32.57	LAWRENCE	WILLIS	
7	Discus	U14	00.21.42	DEAN	TYDELL	
7	Discus	U14	00.27.01	AARON	BASCETTA	
7	Hammer Throw	Div 3	00.25.44	PHIL	CURTAIN	
7	Hammer Throw	Div 3	00.26.18	LAWRENCE	WILLIS	
7	Hammer Throw	Div 4	00.24.04	KEN	CARTER	
7	High Jump	Div 4	00.01.15	JAMES	NEWMAN	
7	High Jump	Div 4	00.01.15	PHIL	CURTAIN	
7	Javelin	Div 2	00.35.04	PHIL	CURTAIN	
7	Javelin	Div 2	00.46.29	MICHAEL	POULTER	
7	Javelin	Div 3	00.36.35	LAWRENCE	WILLIS	PB
7	Javelin	Div 4	00.22.59	KEN	CARTER	
7	Javelin	Div 4	00.22.70	DARRYL	THOMPSON	
7	Javelin	U14	00.15.51	DEAN	TYDELL	
7	Javelin	U14	00.27.99	STEPHEN	COLLYER	PB
7	Javelin	U14	00.31.67	JESSE	FRANCIS	

7 Javelin	U14	00.35.68	AARON	BASCETTA
7 Shot Put	Div 2	00.09.09	PHIL	CURTAIN
7 Shot Put	Div 2	00.13.96	MICHAEL	POULTER
7 Shot Put	Div 3	00.09.42	ROHAN	KING
7 Shot Put	Div 4	00.08.04	DARRYL	THOMPSON
7 Shot Put	Div 4	00.08.89	KEN	CARTER
7 Shot Put	U18	00.11.45	LAWRENCE	WILLIS
7 Triple Jump	Div 4	00.08.29	FRED	RADEMAKER

Round	Event	Grade	Result	Firstname	Surname		
8	400 metre Hurdles	Div 3	00.74.56	FRED	RADEMAKER		
8	1500 metre Walk	Div 3	10.36.00	BERNIE	GOGGIN	DISQ	
8	1500 metre Walk	Div 3	10.46.00	PHIL	CURTAIN	DISQ	
8	100 metres	Div 2	00.12.40	DAMIAN	GARGAN		
8	100 metres	Div 3	00.14.96	WARREN	BURKE		
8	100 metres	Div 3	00.14.75	FRED	RADEMAKER		
8	100 metres	Div 4	00.17.51	PHIL	CURTAIN		
8	100 metres	Div 4	00.15.26	REY	VILLEGAS		
8	100 metres	Div 4	00.15.16	GARY	BLAKE		
8	100 metres	INV	00.17.60	KEN	CARTER		
8	100 metres	U18	00.13.89	JAY	BLAKE	3rd Place in Heat	
8	800 metres	Div 2	02.45.00	HEIDI	FETTES		
8	800 metres	Div 2	02.09.42	PAUL	FETTES	1st Place in Heat	
8	800 metres	Div 2	02.16.96	JEREMY	GREY		
8	800 metres	Div 2	02.17.53	BRENDAN	PAWSEY		
8	800 metres	Div 3	02.19.00	JAMES	NEWMAN	2nd Place in Heat	
8	800 metres	Div 3	02.21.76	ROHAN	KING		
8	800 metres	Div 3	02.28.34	BRIAN	DELANEY		
8	800 metres	Div 4	02.32.06	WARREN	BURKE		
8	800 metres	Div 4	02.33.42	FRED	RADEMAKER		
8	800 metres	Div 4	02.40.51	GARY	BLAKE		
8	800 metres	DNQ	n/r	KEN	CARTER		
8	800 metres	INV	02.48.00	CHRIS	HARRAP		
8	800 metres	U18	02.23.79	JAY	BLAKE	3rd Place in Heat	
8	200 metres	Div 3	00.29.12	ROHAN	KING		
8	200 metres	Div 3	00.29.16	WARREN	BURKE	3rd Place in Heat	
8	200 metres	Div 3	00.30.95	REY	VILLEGAS		
8	200 metres	Div 4	00.30.08	FRED	RADEMAKER		
8	200 metres	Div 4	00.34.74	PHIL	CURTAIN		
8	3000 metres	Div 2	12.35.60	HEIDI	FETTES		
8	3000 metres	Div 2	15.53.00	DIANE	BRIMACOMBE		
8	3000 metres	Div 3	10.35.02	BRENDAN	PAWSEY		
8	3000 metres	Div 3	11.02.89	PHILIP	VAN DUEREN		
8	3000 metres	Div 3	11.03.00	ROHAN	KING		
8	3000 metres	Div 4	11.12.07	BRIAN	DELANEY		
8	3000 metres	Div 4	11.24.51	WARREN	BURKE		
8	3000 metres	Div 4	12.13.27	GARY	BLAKE		
8	3000 metres	INV	14.35.62	DANIEL	NORRIS		
8	3000 metres	INV	14.35.80	GORDON	PROUDFOOT		
8	3000 metres	U18	11.28.18	JAY	BLAKE		
8	110 metre Hurdles	Div 3	00.21.51	FRED	RADEMAKER		
8	4 x 200 metres Relay	Div 2	01.47.46	BROWN / NEWMAN / GREY / BLAKE			3rd Place in Heat
8	4 x 200 metres Relay	Div 3	01.59.90	VILLEGAS / RADEMAKER / PAWSEY / KING			
8	4 x 200 metres Relay	Div 4	02.14.25	ERWIN / CURTAIN / J BLAKE / DELANEY			
8	5000 metres	Div 2	17.09.00	PAUL	FETTES		
8	5000 metres	Div 2	17.19.42	JEREMY	GREY	PB	
8	5000 metres	Div 2	17.25.00	CARL	KENNEDY		
8	5000 metres	INV	18.00.00	WARWICK	ERWIN		
8	Discus	Div 3	00.25.15	PHIL	CURTAIN	50 - 54 Age Group Re	
8	Discus	Div 4	00.28.11	KEN	CARTER		
8	Discus	Div 4	00.22.87	JOHN	STAUNTON		

8 Discus	U18	00.26.60	LAWRENCE	WILLIS	
8 Hammer Throw	Div 4	00.23.97	KEN	CARTER	
8 Hammer Throw	Div 4	00.23.37	PHIL	CURTAIN	
8 Hammer Throw	U18	00.28.37	LAWRENCE	WILLIS	Open Age Record
8 High Jump	Div 4	00.01.15	PHIL	CURTAIN	
8 Javelin	Div 2	00.32.43	PHIL	CURTAIN	
8 Javelin	Div 3	00.28.54	ROHAN	KING	
8 Javelin	Div 4	00.21.87	FRED	RADEMAKER	
8 Javelin	Div 4	00.19.87	KEN	CARTER	
8 Javelin	U18	00.32.67	LAWRENCE	WILLIS	
8 Long Jump	Div 4	00.04.01	JEREMY	GREY	PB
8 Long Jump	DNQ	00.03.27	PHIL	CURTAIN	50 - 54 Age Group Re
8 Shot Put	Div 2	00.09.65	PHIL	CURTAIN	
8 Shot Put	Div 3	00.09.08	ROHAN	KING	
8 Shot Put	Div 4	00.08.82	KEN	CARTER	
8 Shot Put	Div 4	00.07.67	DARRYL	THOMPSON	
8 Shot Put	U18	00.12.84	LAWRENCE	WILLIS	Open Age Record

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Round	Event	Division	Result	FirstName	Surname	Comments
9	100 metres	Div 2	00.12.24	DAMIAN	GARGAN	
9	100 metres	Div 3	00.14.52	WARREN	BURKE	2nd place in heat
9	100 metres	Div 3	00.14.98	GARY	BLAKE	
9	100 metres	U18	00.13.04	CHAPMAN	MONG	
9	100 metres	U18	00.13.83	JAY	BLAKE	1st place in heat
9	1500 metres	Div 2	04.26.86	JEREMY	GREY	PB / 2nd place in heat
9	1500 metres	Div 3	04.56.15	BRIAN	DELANEY	
9	1500 metres	Div 3	04.59.82	PHILIP	VAN DUEREN	PB
9	1500 metres	Div 3	05.05.75	WARREN	BURKE	
9	1500 metres	Div 4	05.15.00	STEPHEN	RUSSELL	
9	1500 metres	Div 4	05.32.46	GARY	BLAKE	
9	1500 metres	Div 4	05.36.40	CHRIS	HARRAP	
9	1500 metres	INV	06.30.48	JOHN	STAUNTON	
9	1500 metres	U18	05.11.08	JAY	BLAKE	
9	200 metres	Div 2	00.24.49	DAMIAN	GARGAN	
9	200 metres	Div 2	00.27.87	JEREMY	GREY	PB/1st place in heat
9	200 metres	Div 3	00.28.91	WARREN	BURKE	1st place in heat
9	200 metres	Div 3	00.31.51	GARY	BLAKE	
9	200 metres	U18	00.25.38	CHAPMAN	MONG	2nd place in heat
9	200 metres	U18	00.29.82	JAY	BLAKE	
9	2000 metre S/C	Div 3	08.25.45	WARREN	BURKE	
9	2000 metre S/C	U18	08.18.07	JAY	BLAKE	
9	2000 metre S/C	U14	09.49.42	STEVEN	COLLYER	
9	2000 metre Walk	Div 3	13.20.28	JOHN	STAUNTON	
9	2000 metre Walk	Div 4	16.43.00	PHIL	CURTAIN	
9	4 x 100 metres	Div 2	00.54.53	GARGAN / COLLYER / J BLAKE / GREY		
9	4 x 100 metres	Div 3	00.57.18	MONG / BURKE / G BLAKE / ?		
9	400 metres	Div 3	01.00.64	JEREMY	GREY	2nd place in heat
9	400 metres	Div 3	01.06.30	BRIAN	DELANEY	
9	400 metres	Div 3	01.09.08	CHRIS	HARRAP	1st place in heat
9	400 metres	Div 4	01.09.16	WARREN	BURKE	
9	400 metres	Div 4	01.11.23	PHILIP	VAN DUEREN	
9	Discus	Div 3	00.24.12	JOHN	STAUNTON	
9	Discus	Div 4	00.22.59	PHIL	CURTAIN	
9	Discus	U18	00.34.31	LAWRENCE	WILLIS	

9 Discus	U14	00.26.24	AARON	BASCETTA
9 Discus	U14	00.16.32	BEN	CARR
9 Discus	INV	00.15.37	JEREMY	GREY
9 Hammer	Div 4	00.22.34	PHIL	CURTAIN
9 Hammer	U18	00.26.96	LAWRENCE	WILLIS
9 High Jump	Div 4	00.01.10	PHIL	CURTAIN
9 High Jump	U14	00.01.25	STEVEN	COLLYER
9 Javelin	Div 2	00.32.29	PHIL	CURTAIN
9 Javelin	U18	00.34.36	LAWRENCE	WILLIS
9 Javelin	U14	00.36.24	AARON	BASCETTA
9 Javelin	U14	00.26.17	BEN	CARR
9 Javelin	U14	00.27.73	STEVEN	COLLYER
9 Javelin	INV	00.30.26	KATIE	CARR
9 Shot Put	Div 2	00.09.55	PHIL	CURTAIN
9 Shot Put	U18	00.12.26	LAWRENCE	WILLIS
9 Shot Put	U14	00.08.96	AARON	BASCETTA
9 Triple Jump	Div 2	00.11.78	DAMIAN	GARGAN
9 Triple Jump	U18	00.10.54	CHAPMAN	MONG
9 Triple Jump	U14	00.07.21	STEVEN	COLLYER
9 Triple Jump	U14	00.07.82	BEN	CARR
9 Triple Jump	U14	00.08.24	AARON	BASCETTA

Round	Event	Grade	Result	Firstname	Surname	
	10 1500 metre Walk	Div 3	10.26.15	JOHN	STAUNTON	
	10 100 metres	Div 3	00.13.70	MARK	KELLY	2nd place in heat
	10 100 metres	Div 3	00.14.85	WARREN	BURKE	
	10 100 metres	Div 4	00.15.07	GARY	BLAKE	2nd place in heat
	10 100 metres	Div 4	00.16.29	CHRIS	HARRAP	
	10 100 metres	Div 4	00.16.69	KEN	CARTER	
	10 100 metres	U18	00.13.81	JAY	BLAKE	3rd place in heat
	10 800 metres	Div 2	02.09.37	LUONG	DAO	
	10 800 metres	Div 2	02.14.84	JEREMY	GREY	
	10 800 metres	Div 2	02.24.47	BRIAN	DELANEY	
	10 800 metres	Div 3	02.25.00	ROHAN	KING	
	10 800 metres	Div 3	02.35.01	WARREN	BURKE	
	10 800 metres	Div 3	02.26.41	FRED	RADEMAKER	
	10 800 metres	Div 4	02.42.28	GARY	BLAKE	3rd place in heat
	10 800 metres	Div 4	02.59.23	JOHN	STAUNTON	
	10 800 metres	DNQ	00.04.08	KEN	CARTER	
	10 800 metres	U18	02.29.00	JAY	BLAKE	
	10 200 metres	Div 3	00.29.41	ROHAN	KING	
	10 200 metres	Div 3	00.29.68	FRED	RADEMAKER	
	10 200 metres	Div 3	00.29.96	WARREN	BURKE	2nd place in heat
	10 200 metres	Div 4	00.29.70	MARK	KELLY	
	10 200 metres	Div 4	00.31.92	GARY	BLAKE	
	10 200 metres	DNQ	00.45.47	KEN	CARTER	
	10 200 metres	U18	00.29.37	JAY	BLAKE	
	10 5000 metres	Div 2	16.56.55	JEREMY	GREY	
	10 5000 metres	Div 2	18.10.00	WARWICK	ERWIN	
	10 5000 metres	Div 2	18.38.60	PHILIP	VAN DUEREN	
	10 3000 metres	Div 2	15.44.00	DIANE	BRIMACOMBE	
	10 3000 metres	Div 3	10.32.00	LUONG	DAO	
	10 3000 metres	Div 3	11.06.00	ROHAN	KING	
	10 3000 metres	Div 3	11.09.00	BRIAN	DELANEY	
	10 3000 metres	Div 4	11.20.40	WARREN	BURKE	
	10 3000 metres	Div 4	12.40.01	GARY	BLAKE	
	10 3000 metres	Div 4	14.22.00	DANIEL	NORRIS	
	10 110 metre Hurdles	Div 3	00.21.74	FRED	RADEMAKER	
	10 4 x 400 metres Relay	Div 2	04.10.31	DAO / BLAKE / KING / GREY		

10 4 x 400 metres Relays	Div 3	04.33.07	DELANEY / HARRAP / BLAKE / BURKE		
10 4 x 400 metres Relays	Div 4	05.45.00	CURTAIN / CARTER / RADEMAKER / STAUNTON		
10 Discus	Div 3	00.28.12	PHIL	CURTAIN	PB
10 Discus	Div 4	00.18.89	FRED	RADEMAKER	
10 Discus	Div 4	00.22.83	KEN	CARTER	
10 Discus	Div 4	00.24.30	JOHN	STAUNTON	
10 Discus	U18	00.34.50	LAWRENCE	WILLIS	
10 Hammer Throw	Div 3	00.23.17	PHIL	CURTAIN	
10 Hammer Throw	Div 4	n/r	KEN	CARTER	
10 Hammer Throw	DNQ	00.16.45	WARREN	BURKE	
10 Hammer Throw	U18	00.26.21	LAWRENCE	WILLIS	
10 High Jump	Div 4	00.01.25	FRED	RADEMAKER	
10 Javelin	Div 2	00.30.27	PHIL	CURTAIN	
10 Javelin	Div 3	00.20.42	FRED	RADEMAKER	
10 Javelin	Div 3	00.24.58	ROHAN	KING	
10 Javelin	Div 4	00.18.47	KEN	CARTER	
10 Javelin	U18	00.13.02	LAWRENCE	WILLIS	
10 Long Jump	Div 4	00.04.18	FRED	RADEMAKER	
10 Shot Put	Div 2	00.08.58	ROHAN	KING	
10 Shot Put	Div 2	00.09.06	PHIL	CURTAIN	
10 Shot Put	Div 4	00.07.72	KEN	CARTER	
10 Shot Put	U18	00.34.50	LAWRENCE	WILLIS	

Round	Event	Grade	Result	Firstname	Surname
11	100 metres	Div 2	00.12.05	DAMIAN	GARGAN
11	100 metres	Div 2	00.12.12	PAUL	KEATING
11	100 metres	Div 2	00.12.54	KON	VARKOPOULOS
11	100 metres	Div 3	00.12.83	DAVID	WOODS
11	100 metres	Div 3	00.14.45	WARREN (1st Place in Heat)	BURKE
11	100 metres	Div 3	00.14.49	FRED (2nd Place in Heat)	RADEMAKER
11	100 metres	Div 4	00.17.24	CHRIS	HARRAP
11	100 metres	DNQ	00.20.80	KEN	CARTER
11	100 metres	U18	00.14.14	JAY	BLAKE
11	110 metre Hurdles	Div 3	00.22.84	FRED	RADEMAKER
11	1500 metres	Div 2	04.26.87	JEREMY	GREY
11	1500 metres	Div 2	04.30.18	LUONG	DAO
11	1500 metres	Div 2	07.29.00	DIANE	BRIMACOMBE
11	1500 metres	Div 3	05.00.00	WARREN	BURKE
11	1500 metres	Div 3	05.09.00	ROHAN	KING
11	1500 metres	Div 3	05.09.71	FRED	RADEMAKER
11	1500 metres	Div 4	05.12.00	WARWICK	ERWIN
11	1500 metres	DNQ	06.37.00	GORDON	PROUDFOOT
11	200 metres	Div 2	00.24.21	PAUL	KEATING
11	200 metres	Div 2	00.25.48	DAVID	WOODS
11	200 metres	Div 2	00.26.04	LUONG	DAO
11	200 metres	Div 3	00.26.07	KON	VARKOPOULOS
11	200 metres	Div 3	00.28.39	JEREMY	GREY
11	200 metres	Div 3	00.28.76	WARREN	BURKE
11	200 metres	Div 4	00.30.11	FRED	RADEMAKER
11	200 metres	Div 4	00.33.23	PHIL	CURTAIN
11	200 metres	Div 4	00.37.26	DANIEL	NORRIS
11	200 metres	DNQ	00.41.88	KEN	CARTER
11	200 metres	U14	00.27.79	DEAN	TYDELL
11	200 metres	U18	00.28.56	JAY	BLAKE
11	2000 metre SC	Div 3	08.19.40	WARREN	BURKE
11	4 x 100 metre Relay	Div 2	00.49.17	WOODS / VARKOPOULOS / GARGAN / KEATING	
11	4 x 100 metre Relay	Div 3	n/r	GREY / DAO / J BLAKE / TYDELL	1st Place in Heat
11	4 x 100 metre Relay	Div 4	n/r	BURKE / CURTAIN / RADEMAKER / HARRAP	
11	400 metres	Div 3	01.01.03	JEREMY	GREY

11 400 metres	Div 3	01.04.12	JAY (1st Place in Heat)	BLAKE
11 400 metres	Div 3	01.04.35	WARREN	BURKE
11 400 metres	Div 4	01.05.72	FRED	RADEMAKER
11 400 metres	Div 4	01.10.69	CHRIS	HARRAP
11 Discus	Div 3	00.25.00	PHIL	CURTAIN
11 Discus	Div 4	00.23.97	KEN	CARTER
11 Discus	DNQ	00.16.97	WARREN	BURKE
11 Discus	U18	00.32.22	LAWRENCE	WILLIS
11 Hammer Throw	Div 3	00.21.58	PHIL	CURTAIN
11 Hammer Throw	Div 4	00.21.76	KEN	CARTER
11 Hammer Throw	U18	00.27.44	LAWRENCE	WILLIS
11 High Jump	Div 3	00.01.45	DAVID	WOODS
11 High Jump	Div 3	00.01.50	PAUL	KEATING
11 High Jump	Div 4	00.01.35	FRED (50-54 Age Group Club Record)	RADEMAKER
11 High Jump	U14	00.01.55	DEAN	TYDELL
11 Javelin	Div 2	00.33.05	PHIL	CURTAIN
11 Javelin	Div 3	00.27.05	ROHAN	KING
11 Javelin	Div 4	00.19.80	FRED	RADEMAKER
11 Javelin	Div 4	00.19.86	KEN	CARTER
11 Javelin	U14	00.00.00	DEAN	TYDELL
11 Javelin	U18	00.34.08	LAWRENCE	WILLIS
11 Shot Put	Div 2	00.09.04	ROHAN	KING
11 Shot Put	Div 2	00.09.54	PHIL	CURTAIN
11 Shot Put	Div 4	00.07.69	KEN	CARTER
11 Shot Put	U14	00.11.31	DEAN	TYDELL
11 Shot Put	U18	00.12.63	LAWRENCE	WILLIS
11 Triple Jump	Div 2	00.11.55	DAMIAN	GARGAN

Round	Event	Grade	Result	Firstname	Surname
	12 100 metres	Div 2	00.11.20	CAMERON 1st Place in Heat	BROWN
	12 100 metres	Div 2	00.12.27	PAUL 3rd Place in Heat	KEATING
	12 100 metres	Div 2	00.12.74	KON	VARKOPOULOS
	12 100 metres	Div 3	00.14.49	WARREN 2nd Place in Heat	BURKE
	12 100 metres	Div 3	00.14.76	FRED 3rd Place in Heat	RADEMAKER
	12 100 metres	Div 4	00.15.93	PHIL	CURTAIN
	12 100 metres	Div 4	00.16.89	DARYL	THOMSON
	12 100 metres	DNQ	00.19.85	KEN	CARTER
	12 100 metres	U18	00.14.20	JAY 2nd Place in Heat	BLAKE
	12 200 metres	Div 2	00.23.00	CAMERON 1st Place in Heat	BROWN
	12 200 metres	Div 2	00.24.00	PAUL	KEATING
	12 200 metres	Div 2	00.25.97	DAVID	WOODS
	12 200 metres	Div 3	00.26.37	KON	VARKOPOULOS
	12 200 metres	Div 3	00.28.78	ROHAN	KING
	12 200 metres	Div 3	00.30.10	FRED	RADEMAKER
	12 200 metres	Div 4	00.30.86	GARY 1st Place in Heat	BLAKE
	12 200 metres	Div 4	00.32.11	REY	VILLEGAS
	12 200 metres	Div 4	00.32.61	PHIL	CURTAIN
	12 200 metres	INV	00.37.38	DANIEL	NORRIS
	12 200 metres	DNQ	00.41.76	KEN	CARTER
	12 200 metres	U18	00.29.47	JAY	BLAKE
	12 3000 metres	Div 2	11.41.00	STACEY	VAN DUEREN
	12 3000 metres	Div 2	15.50.00	DIANE	BRIMACOMBE
	12 3000 metres	Div 3	10.56.49	ROHAN	KING
	12 3000 metres	Div 3	11.00.00	WARREN	BURKE
	12 3000 metres	Div 3	11.27.11	FRED	RADEMAKER
	12 3000 metres	Div 4	12.21.91	GARY	BLAKE
	12 3000 metres	Div 4	13.45.00	GORDON	PROUDFOOT
	12 3000 metres	INV	15.00.00	DANIEL	NORRIS
	12 3000 metres	U14	13.40.00	STEVEN	COLLYER
	12 3000 metres	U18	12.20.37	JAY	BLAKE
	12 4 x 400 metre Relay	Div 2	03.57.69	GREY / BROWN / RUSSELL / J BLAKE	3rd place in heat
	12 4 x 400 metre Relay	Div 3	04.43.46	VILLEGAS / DELANEY / KING / BURKE	
	12 4 x 400 metre Relay	Div 4	04.36.00	HARRAP / G BLAKE / CURTAIN / RADEMAKER	
	12 400 metre Hurdles	Div 3	01.12.48	FRED	RADEMAKER

12 5000 metres	Div 2	16.48.38	JEREMY	GREY
12 5000 metres	Div 2	18.08.00	WARWICK	ERWIN
12 5000 metres	Div 2	DNF	WARREN	BURKE
12 800 metres	Div 2	02.09.10	LUONG	DAO
12 800 metres	Div 2	02.14.15	JEREMY	GREY
12 800 metres	Div 2	02.22.64	ROHAN	KING
12 800 metres	Div 3	02.32.16	FRED	RADEMAKER
12 800 metres	Div 3	02.29.13	WARREN	BURKE
12 800 metres	Div 3	02.48.23	CHRIS	HARRAP
12 800 metres	DNQ	03.17.38	DANIEL	NORRIS
12 800 metres	DNQ	04.08.00	KEN	CARTER
12 800 metres	DNQ	03.11.64	REY	VILLEGAS
12 800 metres	U18	02.26.39	JAY 3rd Place in Heat	BLAKE
12 Discus	Div 2	00.36.85	MICHAEL	POULTER
12 Discus	Div 4	00.26.84	KEN	CARTER
12 Discus	U14	00.29.81	DEAN	TYDELL
12 Discus	U14	00.28.24	AARON	BASCETTA
12 Discus	U18	00.09.69	LAWRENCE	WILLIS
12 Hammer Throw	Div 3	00.23.02	PHIL	CURTAIN
12 Hammer Throw	Div 4	00.22.33	DARYL	THOMSON
12 Hammer Throw	Div 4	00.24.08	KEN	CARTER
12 Hammer Throw	U18	00.30.49	LAWRENCE	WILLIS
12 High Jump	Div 4	00.01.15	PHIL	CURTAIN
12 Javelin	Div 2	00.43.55	MICHAEL	POULTER
12 Javelin	Div 2	00.32.78	PHIL	CURTAIN
12 Javelin	Div 3	00.26.84	ROHAN	KING
12 Javelin	Div 4	00.23.26	FRED	RADEMAKER
12 Javelin	Div 4	00.20.88	KEN	CARTER
12 Javelin	U14	00.22.76	STEVEN	COLLYER
12 Javelin	U14	00.34.76	JESSE	FRANCIS
12 Javelin	U14	00.35.95	AARON	BASCETTA
12 Javelin	U18	00.37.08	LAWRENCE	WILLIS
12 Long Jump	Div 4	00.04.04	FRED	RADEMAKER
12 Long Jump	Div 4	00.04.23	KON	VARKOPOULOS
12 Long Jump	DNQ	00.03.27	PHIL	CURTAIN
12 Shot Put	Div 2	00.12.09	MICHAEL	POULTER

12 Shot Put	Div 2	00.08.97	ROHAN
12 Shot Put	Div 2	00.09.49	PHIL
12 Shot Put	Div 4	00.06.67	FRED
12 Shot Put	Div 4	00.07.86	KEN
12 Shot Put	U14	00.11.01	DEAN
12 Shot Put	U18	00.12.68	LAWRENCE

KING
CURTAIN
RADEMAKER
CARTER
TYDELL
WILLIS

Golden Night at Zatopek for Coburg Harriers

Few, if any events in Australian and New Zealand distance running hold the allure of the annual Zatopek Series. All the great names of Australian distance running have won the event, including Ron Clarke, Robert de Castella, Steve Moneghetti, and Lisa Ondieki.

The Zatopek Classic was held for the lower grades at the Box Hill Athletics Track on Monday 6 December 2004, the elite runners having raced two days earlier. The 10,000 metre race is named after the legendary distance runner Emil Zatopek who rose to prominence in world athletics during the 1948 Olympic Games in London.

The Coburg Harriers club were represented in the women's B Grade section by Stacey Van Dueren. Husband Philip Van Dueren was running in men's E Grade with Brian Delaney with a further two Coburg runners – Warwick Erwin and Jeremy Grey – competed in D Grade.

In the women's race, Stacey Van Dueren started from the back of the field. As the 25 lap race processed, she slowly started to move her way through the pack. With a strong finish, Van Dueren was able to pick up all but the eventual winner and take home the silver medal.

The men's E Grade had by far the largest field of the night with thirty participants. Runners in this grade had to be able cover the ten kilometre distance in 42 minutes or less. Delaney and Philip Van Dueren both started very well with consistent laps through most of the race. Van Dueren finished in fourth place with Delaney sixth in a great result for the club.

With lightning and thunder in the distance, Erwin and Grey lined up for the men's D Grade race. Participants in this race each nominated they could run under 38 minutes over ten kilometres. The gun went off and so did Erwin as he shot out to the lead immediately and put some distance between him and the field. Grey was running conservatively and had settled into a pack of runners fighting it out for minor placings.

Halfway through the race the storm front moved through and visibility became poor as the rain became extremely heavy. The lightning show was a spectacular sight on the back straight and the wind was gusting making fast lap times almost impossible.

Erwin was never headed and with the conditions such as they were was never going to be overtaken. It was a gutsy performance from an athlete that did not have the best of winter seasons for the Harriers. Afterwards, it was discovered Erwin had set himself for just this event.

Behind Erwin, Grey was engaged in an interesting battle. Having worked his way through the field, he found himself first in a battle for third place and a few laps later was challenging the second placed runner. In a great finish, Grey was able to just hold off Darryn Hill from Athletics Essendon in a sprint over the last 100 metres to complete a great quinella for the Coburg Harriers.

So, at the end of "dark and stormy" night, the Coburg Harriers club experienced great Zatopek success in the form of a gold, two silver, a fourth and a sixth placed finish.

At the 1948 London Olympics, Emil Zatopek won the 10,000 metres, finished second in the 5000 metres and went on to subsequently break the 10 kilometre world record, and better his own records three times in the next four years.

His appearance at the 1952 Helsinki Olympics however cemented him as a long distance running legend. Zatopek won the 10,000 metres convincingly, 100 metres in front of his nearest opponent. In the 5000 metres, Zatopek was in fourth place with one and a half laps and sprinted to the lead in the final lap, winning with five metres to spare. And despite never running the full marathon distance, he signed up at the last minute, won gold and broke the Olympic record.

He remains the only runner to have ever won the 5000 metres, 10000 metres, and the marathon at the same Olympics.

Coburg Harriers Zatopek Results

B Grade Women

2nd	Stacey Van Dueren	39:19
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D Grade Men

1st	Warwick Erwin	36:34
2nd	Jeremy Grey	36:47

E Grade Men

4th	Philip Van Dueren	40:06
6th	Brian Delaney	40:44