


300 Metres to 1K

Coburg Harriers Club Records - 300 Metres to 1Km

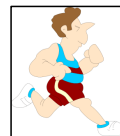
EVENT	AGE	PERFORMANCE	NAME	DATE	LOCATION	Electronic Equivalent=
<b>LADIES PERFORMANCES</b>						
<b>Womens 300 @</b>		<b>06-Sep-14</b>				
300m	UNDER 18	0.00	0	00-Jan-00	0	
300m	UNDER 19	52.00	NICOLE BRENISTAS	19-Oct-96	Plate Comp Aberfeldie	
300m	UNDER 20	52.00	NICOLE BRENISTAS	19-Oct-96	Plate Comp Aberfeldie	
300m	OPEN	52.00	NICOLE BRENISTAS	19-Oct-96	Plate Comp Aberfeldie	
<b>Womens 400 @</b>		<b>06-Sep-14</b>				
400m	UNDER 13	62.83	Mikeala Selaidinakos	20-Mar-11	Olympic Park Laths Champs	62.844
400m	UNDER 14	59.76	Mikeala Selaidinakos	25-Feb-12	Albert Park	59.774
400m	UNDER 15	59.76	Mikeala Selaidinakos	25-Feb-12	Albert Park	59.774
400m	UNDER 16	57.87s	Mikaela Selaidinakos	30-Mar-14	Lakeside	#VALUE!
400m	UNDER 17	57.49	ELLIE THOM	20-Mar-09	Brisbane U18 Youth Match	57.504
400m	UNDER 18	57.01	ELLIE THOM	27-Feb-10	Olympic Park Vic Junior T & F Championship	57.024
400m	UNDER 19	57.01	ELLIE THOM	27-Feb-10	Olympic Park Vic Junior T & F Championship	57.024
400m	UNDER 20	57.01	ELLIE THOM	27-Feb-10	Olympic Park Vic Junior T & F Championship	57.024
400m	OPEN	57.01	ELLIE THOM	27-Feb-10	Olympic Park Vic Junior T & F Championship	57.024
400m	30-34	66.24	JOANNE FRANCKEN	07-Mar-08	O.A.Championships Olympic Park	66.254
400m	35-39	66.24	JOANNE FRANCKEN	07-Mar-08	O.A.Championships Olympic Park	66.254
400m	40-44	77.36	Stacey Van Dueren	17-Feb-07	AV Shield Williamstown	77.374
400m	45-49	77.36	Stacey Van Dueren	17-Feb-07	AV Shield Williamstown	77.374
400m	50-54	83.69	BARBARA DALGLEISH	30-Sep-99	7th Australian Masters Games - Adelaide	83.704
400m	55-59	83.69	BARBARA DALGLEISH	30-Sep-99	7th Australian Masters Games - Adelaide	83.704
400m	60-64	83.69	BARBARA DALGLEISH	30-Sep-99	7th Australian Masters Games - Adelaide	83.704

300 Mtres to 1K

<b>Womens 800 @</b>					
800m		<b>06-Sep-14</b>			
800m	UNDER 13	2.63.38	Amelia Mazza-Downie	31.1.09	ABERFELDIE
800m	UNDER 14	2.17.96	Amelia Mazza-Downie	0/0/12	LAKESIDE
800m	UNDER 15	2.14.20	LEIGH ROUX	29-Oct-11	Williamstown
800m	UNDER 16	2.14.20	LEIGH ROUX	29-Oct-11	Williamstown
800m	UNDER 17	2.13.18	LEAH POLYCARPOU	0/0/12	LAKESIDE
800m	UNDER 18	2.13.18	LEAH POLYCARPOU	0/0/12	LAKESIDE
800m	UNDER 19	2.13.18	LEAH POLYCARPOU	0/0/12	LAKESIDE
800m	UNDER 20	2.13.18	LEAH POLYCARPOU	0/0/12	LAKESIDE
800m	OPEN	2.13.18	LEAH POLYCARPOU	0/0/12	LAKESIDE
800m	30-34	2.34.95	JOANNE FRANCKEN	08-Mar-08	O.A.Championships Olympic Park
800m	35-39	2.34.95	JOANNE FRANCKEN	08-Mar-08	O.A.Championships Olympic Park
800m	40-44	2.41.37	STACY VAN DUEREN	17-Dec-11	Williamstown
800m	45-49	2.41.37	STACY VAN DUEREN	17-Dec-11	Williamstown
800m	50-54	2.41.37	STACY VAN DUEREN	17-Dec-11	Williamstown
800m	55-59	2.43.20	STACEY VAN DUEREN	0/0/2012	ABERFELDIE
800m	60-64	3.10.6	BARBARA DALGLEISH	27-Sep-99	7th Australian Masters Games - Adelaide
<b>Womens 1000 @</b>					
		<b>06-Sep-14</b>			
1000m	UNDER 13	4.29.00	SARAH CORNALL	16-Oct-99	ABERFELDIE
1000m	UNDER 14	4.29.00	SARAH CORNALL	16-Oct-99	ABERFELDIE
1000m	UNDER 15	4.29.00	SARAH CORNALL	16-Oct-99	ABERFELDIE
1000m	UNDER 16	3.02.71	LEIGH ROUX	0/0/12	LAKESIDE
1000m	UNDER 17	2.51.73	LEAH POLYCARPOU	0/0/12	LAKESIDE
1000m	UNDER 18	2.51.73	LEAH POLYCARPOU	0/0/12	LAKESIDE
1000m	UNDER 19	2.51.73	LEAH POLYCARPOU	0/0/12	LAKESIDE
1000m	UNDER 20	2.51.73	LEAH POLYCARPOU	0/0/12	LAKESIDE
1000m	OPEN	2.51.73	LEAH POLYCARPOU	0/0/12	LAKESIDE

300 Mtres to 1K

**MENS PERFORMANCES**



**MENS PERFORMANCES**

**Mens 300 @**

06-Sep-14

300m	UNDER17	41.40	BEN WEBER	25-Oct-97	Plate round Box Hill	41.414
300m	UNDER 18	41.40	SIMON CRAIG	11-Oct-97	Plate Round Aberfeldie	41.414
300m	UNDER 19	41.40	SIMON CRAIG	11-Oct-97	Plate Round Aberfeldie	41.414
300m	UNDER 20	41.40	SIMON CRAIG	11-Oct-97	Plate Round Aberfeldie	41.414
300m	OPEN	35.90	PAUL DYETT	0/1/1984	0	35.914

**Mens 400 @**

06-Sep-14

400m	UNDER 13	63.10	ANTHONY WOOD	0/0/1978	0	63.114
400m	UNDER 14	56.60	ANTHONY WOOD	0/0/1980	0	56.614
400m	UNDER 15	53.21s	Patrick Martin	30-Mar-14	Lakeside	#VALUE!
400m	UNDER 16	53.21s	Patrick Martin	30-Mar-14	Lakeside	#VALUE!
400m	UNDER 17	49.90	JOHN FLEMING	0/0/1976	0	49.914
400m	UNDER 18	49.90	JOHN FLEMING	0/0/1976	0	49.914
400m	UNDER 19	47.80	JOHN FLEMING	0/0/1978	0	47.814
400m	UNDER 20	47.80	JOHN FLEMING	0/0/1978	0	47.814
400m	OPEN	47.10	NOEL CLOUGH	26-Mar-66	0	47.114
400m	35 - 39	49.50	NOEL CLOUGH	0/8/1977	World Vets SWEDEN	49.514
400m	40 - 44	49.50	NOEL CLOUGH	0/8/1977	World Vets SWEDEN	49.514
400m	45 - 49	60.41	Charles Clark	21-Mar-10	Glenhuntly Vic Masters Champs	60.424
400m	50 - 54	62.00	KEN FRASER	09-Nov-85	Aberfeldie	62.014
400M	55 - 59	64.45	KEN SOUYAVE	26-Nov-05	ABERFELDIE - AV Shield	64.464
400m	60 - 64	64.82	JOSEPH BROWN	27-Feb-09	Vic Masters Box Hill	64.834
400m	65 - 69	88.43	GEORGE GOODE	08-Oct-98	Vets WR Games Abfld	88.444
400m	70 - 74	88.43	GEORGE GOODE	08-Oct-98	Vets WR Games Abfld	88.444

**Mens 600 @**

06-Sep-14

600m	UNDER 14	1.48.05	BEN WEBER	29-Oct-94	ABERFELDIE	
600m	UNDER 15	1.48.05	BEN WEBER	29-Oct-94	ABERFELDIE	
600m	UNDER 16	1.41	BEN WEBER	26-Oct-96	ABERFELDIE	
600m	UNDER 17	1.31.2	BEN WEBER	30-Oct-97	Plate final	
600m	UNDER 18	1.31.2	BEN WEBER	30-Oct-97	ABERFELDIE	
600m	UNDER 19	1.31.2	BEN WEBER	30-Oct-97	Plate final	
600m	UNDER 20	1.31.2	BEN WEBER	30-Oct-97	Plate final	
600m	OPEN	1.30.6	ANTHONY CAR	30-Oct-97	Plate final	
600m	35 - 39	1.34.8	NOEL CLOUGH	04-Jun-89	Vic Vets Wint Chmps Coburg	
600m	40 - 44	1.34.8	NOEL CLOUGH	04-Jun-89	Vic Vets Wint Chmps Coburg	
600m	45 - 49	1.34.8	NOEL CLOUGH	04-Jun-89	Vic Vets Wint Chmps Coburg	
600m	50 - 54	1.34.8	NOEL CLOUGH	04-Jun-89	Vic Vets Wint Chmps Coburg	
600m	55 - 60	2.18.9	GEORGE GOODE	21-Jun-92	Aberfeldie	
600m	60 - 64	2.18.9	GEORGE GOODE	21-Jun-92	Aberfeldie	
600m	65 - 69	2.24	GEORGE GOODE	20-Jun-93	Vets Winter Titles Coburg	

300 Mtres to 1K

**Mens 800 @**

**06-Sep-14**

800m	UNDER 13	2.18.0	A. GRBAC	81/82	0
800m	UNDER 14	2.09.30	Michael Turner	18-Jan-07	Victorian Milers Club
800m	UNDER 15	2.02.7	ALAN W CROCKETT	15-Mar-72	Olympic Park
800m	UNDER 16	2.00.9	CRAIG SEXTON	01-Nov-80	0
800m	UNDER 17	1.54.5	JOHN FLEMING	0/0/1976	0
800m	UNDER 18	1.51.05	Luke Mathews	0/0/12	Lakeside
800m	UNDER 19	1:48.83s	Luke Mathews	00-Jan-00	Lakeside
800m	UNDER 20	1:48.83s	Luke Mathews	0/0/13	Lakeside
800m	OPEN	1.46.2	NOEL CLOUGH	08-Aug-66	JAMAICA
800m	35 - 39	1.54.8	NOEL CLOUGH	24-Jun-90	World Vets SWEDEN
800m	40 - 44	1.54.8	NOEL CLOUGH	0/8/1977	World Vets SWEDEN
800m	45 - 49	2.05.8	KEN FRASER	03-Apr-83	Olympic Pk. Aus Vets
800m	50 - 54	2.14.23	KEN FRASER	23-Mar-86	Vic Vets Murrumbeena
800m	55- 59	02.22.81	KEN SOUYAVE	05-Nov-05	ABERFELDIE - AV Shield
800m	60 - 64	2.51.87	LEN HALLETT	28-Nov-09	Williamstown
800m	65 - 69	3.14.00	GEORGE GOODE	20-Mar-93	Vets Vic Titles Abfld
800m	70 - 74	3.23.12	GEORGE GOODE	00/3/98	Oceana Vets Games NZ
800M	75 - 79	4.11.14	NEVILLE WILSON	03-Apr-11	Doncaster Vic Masters
800M	80-84	4.11.14	NEVILLE WILSON	03-Apr-11	Doncaster Vic Masters

**Mens 1000 @**

**06-Sep-14**

1000m	UNDER 14	3.12.80	CONNER KOSMIDIS	20-Dec-11	Plate Comp Aberfeldie
1000m	UNDER 15	3.12.80	CONNER KOSMIDIS	20-Dec-11	Plate Comp Aberfeldie
1000m	UNDER 16	3.02.76	BEN WEBER	19-Oct-96	Plate Comp Aberfeldie
1000m	UNDER17	2.55.8	BEN WEBER	25-Oct-97	Plate Comp Aberfeldie
1000m	UNDER18	2.55.8	BEN WEBER	25-Oct-97	Plate round Box Hill
1000m	UNDER19	2.55.8	BEN WEBER	25-Oct-97	Plate round Box Hill
1000m	UNDER20	2.55.8	BEN WEBER	25-Oct-97	Plate round Box Hill
1000m	OPEN	2.34.2	NOEL CLOUGH	02-Jul-97	Vic Vets Collingwood
1000m	35 - 39	2.34.2	NOEL CLOUGH	02-Jul-97	Vic Vets Collingwood
1000m	40 - 44	2.34.2	NOEL CLOUGH	02-Jul-97	Vic Vets Collingwood
1000m	45 - 49	2.57	KEN FRASER	04-Jul-82	Vets Winter Titles Springvale
1000m	50 - 54	4.18.67	GEORGE GOODE	21-Jun-92	World Vets. Eugene
1000m	55 - 59	4.18.67	GEORGE GOODE	21-Jun-92	Vets Winter Titles Coburg
1000m	65 - 69	4.09.2	NEVILLE WILSON	20-Jun-93	Vets Winter Titles Coburg
1000m	65 - 69	4.25.64	GEORGE GOODE	20-Jun-93	Vets Winter Titles Coburg