

# ROUND 8: ANGLESEA EKIDEN RELAY

## SATURDAY 15 AUGUST 2015 ANGLESEA

35 Cameron Road, Anglesea, Melway Ref 196 G7

### THE EVENT

The term 'Ekiden' originated in Japan, although the concept of a long distance relay race is not unique to any country. The first 'Ekiden' race was run over three days between the old Japanese capital of Kyoto and the modern capital of Tokyo, a distance of 508 km, to celebrate the anniversary of the moving of the capital to Tokyo. As written in Japanese, 'Ekiden' combines the characters for "station" and "transmit". The original concept of the race harkens back to Japan's old communication and transportation system in which stations were posted at intervals along the road. In the race, each runner on a team runs the distance from one "station" to the next, and then hands off to the next runner. The 2015 season will see the reintroduction of the Ekiden relay to the XCR'15 series with Anglesea playing host to this beautiful course and scenic terrain.

TIME	DIVISION	BLUE	YELLOW	GREEN	RED	PINK	BLACK	TOTAL
12:30pm	M 2	9.8km	8.8km	7.9km	6.0km	5.2km	4.6km	42.3km
12:35pm	M 3 & 4	9.8km	8.8km	7.9km	6.0km	5.2km		37.7km
12:40pm	M Prem	9.8km	8.8km	7.9km	6.0km	5.2km	4.6km	42.3km
12:40pm	W Prem	9.8km	8.8km		6.0km	5.2km	4.6km	34.4km
12:45pm	M 6 & 7	9.8km	8.8km	7.9km		5.2km		31.7km
12:50pm	W 2 & 3	9.8km		7.9km	6.0km		4.6km	28.3km
12:55pm	M 5	9.8km	8.8km	7.9km		5.2km		31.7km
12:55pm	M 40+ & 50+	9.8km		7.9km		5.2km		22.9km
13:00pm	W 4 & 5		8.8km	7.9km		5.2km		21.9km
13:05pm	W 40+		8.8km		6.0km	5.2km		20.0km
13:05pm	M 20		8.8km	7.9km	6.0km			22.7km
13:10pm	W 20			7.9km	6.0km	5.2km		19.1km
13:15pm	M 16				6.0km	5.2km	4.6km	15.8km
13:15pm	M 14				6.0km	5.2km	4.6km	15.8km
13:20pm	W 18			7.9km	6.0km		4.6km	18.5km
13:25pm	M 18			7.9km	6.0km		4.6km	18.5km
13:30pm	W 16				6.0km	5.2km	4.6km	15.8km
13:30pm	W 14				6.0km	5.2km	4.6km	15.8km

### ENTRIES CLOSE: MONDAY 10 AUGUST 2015, 12PM MIDDAY

For entry fees, online entries details and further race information, please refer to page 36.

### ENQUIRIES:

All enquiries should be directed to [xcr@athsvic.org.au](mailto:xcr@athsvic.org.au) or (03) 8646 4500.

### RACE SUPPORTER:

Council and Scout Park, Anglesea Beachfront Family Caravan Park



PLEASE NOTE – NO LATE ENTRIES OR ENTRIES ON THE DAY WILL BE ACCEPTED

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## COURSE MAP

