

Blood and Infectious disease Policy

Purpose

This policy outlines the conditions of use of the track and equipment insofar as it relates to blood and infectious disease.

This policy should be read as an adjunct to the CAGMC Emergency Medical Plan and the CAGMC Emergency Management Plan.

Background

The sport of athletics involves the sharing of equipment as well as athletes being in close proximity to each other during times of physical exertion. Although not a contact sport compared to other sports, athletics does carry risk of infection.

Infection can be spread in many ways relevant to athletics including:

- Coughing, sneezing and general close contact
- Common use of drink bottles
- Common use of clothing, towels
- Air borne droplets especially during heavy breathing
- Shared surfaces such as equipment

Policy Statement

All participants at the Harold Stevens Track must follow good hygiene practices.

All clubs must promote good hygiene practices and ensure the care of equipment and facilities used reflect these practices.

Guide for Individuals

- No sharing of clothing
- No sharing of drinking utensils
- High temperatures or ill-health that may be infectious must not participate in any activities
- Injuries that result in cuts or abrasions – the individual to cease all activities and attend to the injury. All equipment used must be cleaned.

Guide for Clubs

- Clean equipment regularly by using warm water and detergent
- During activities the clubs should have a supply of equipment used for decontamination including: face masks; disposable gloves; hand sanitiser; antibacterial wipes, disinfectants and general first aid kit.
- Ensure all facilities, toilets, kitchen etc are cleaned after activities. This can be the function of Ground Management in consultation with the clubs.
- All liquid spills including blood to be cleaned immediately using gloves and cleaning materials which are then disposed of.
- Disposal of potentially infectious material to be managed carefully – in locked bins